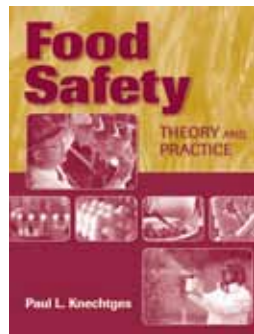
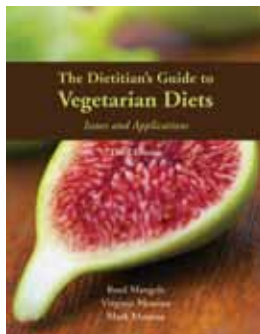
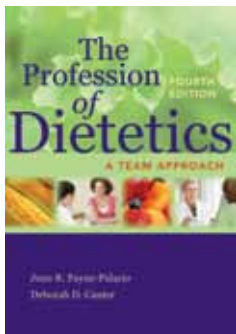
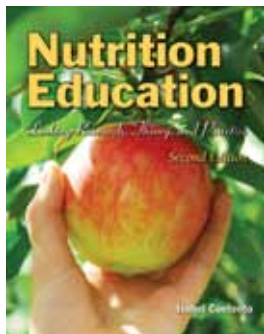
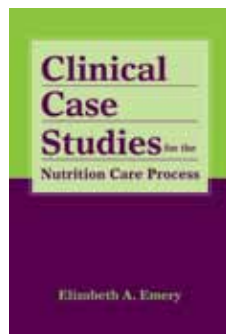
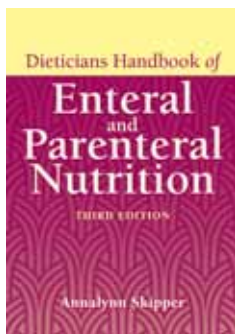
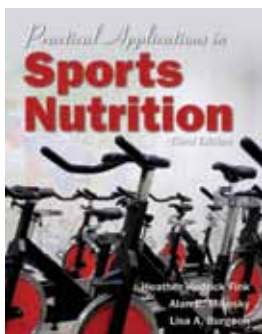
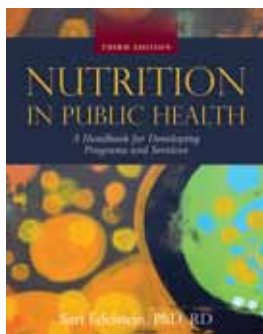
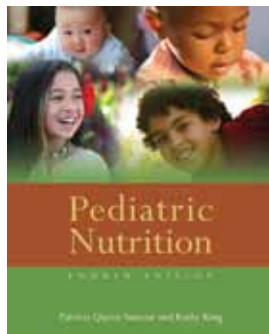
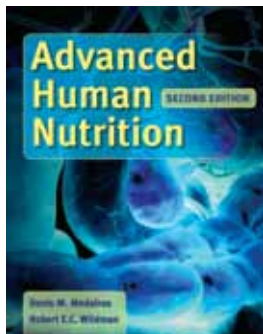
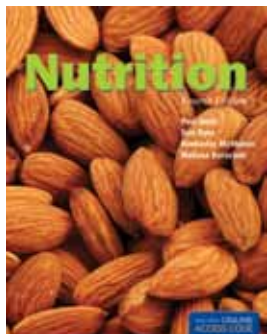


NUTRITION

ACADEMIC AND PROFESSIONAL CATALOG **2011**



**JONES & BARTLETT
LEARNING**

40 Tall Pine Drive | Sudbury, MA | 01776
978-443-5000 | www.jblearning.com

**10% Off
and Free
Shipping**

On all individual orders.
Order online at
www.jblearning.com.
See inside for details

Introductory Nutrition	4-5
Advanced Human Nutrition	6
Personal Nutrition & Weight Management	7
Nutrition in Life Stages	8
Pediatric Nutrition	9
Nutrition for Older Adults	10
Community Nutrition	11
Public Health Nutrition	12
Sports Nutrition	13-14
Clinical Nutrition	15-17
Nutrition Education	18
Nutrition Counseling	19
Dietetics Practice	20-21
Food & Culture	22
Food Safety	23
Food Service Management	24
Nutrition Software	25-26

New for 2011

Advanced Human Nutrition, Second Edition	6
Nutrition and Obesity: Assessment, Management, & Prevention.	7
Pediatric Nutrition, Fourth Edition.	9
Practical Applications in Sports Nutrition, Third Edition	13
Dietitian’s Handbook of Enteral and Parenteral Nutrition, Third Edition	16
Clinical Case Studies for the Nutrition Care Process	16
The Dietitian’s Guide to Vegetarian Diets: Issues and Applications, Third Edition . . .	22
Food Safety: Theory and Practice	23



Sign Up to Receive Updates and Special Offers by Email

www.jblearning.com/eUpdates

10% Off and Free Shipping

On all individual orders. Order online at www.jblearning.com. Use code NT2011

4 Easy Ways to Order

1. Toll Free: 1-800-832-0034
2. Fax: 978-443-8000
3. Mail: 40 Tall Pine Drive, Sudbury, MA 01776
4. Web: www.jblearning.com

Textbook Examination Copies

Complimentary[†] review copies are available for qualified instructors who wish to consider a text for course adoption. For fastest service, make your request online at www.jblearning.com or, let our knowledgeable Account Specialists help you find the text that best meets your course needs.

A Note about Student and Instructor Resources

Many of our textbooks are accompanied by print and online instructor and student resources. Wherever these resources are available, they are noted as follows:

Instructor Resources:

- AE = Answers to Exercises
- IM = Instructor’s Manual
- ITK = Instructor’s ToolKit
- PP = PowerPoint Slides
- SL = Sample Syllabus
- TB = Test Bank

Student Resources:

- CW = Companion Website
- SG = Study Guide

Additional Formats



ExpressPDF—Jones & Bartlett Learning now offers many of our popular titles in electronic, printable PDF format. All you need is a computer and the free version of Adobe Reader software.



Mobile—Jones & Bartlett Learning partners with two industry leading mobile application developers to offer select titles in mobile format, including Blackberry, iPhone (iTouch and iPad), Palm, Android, Windows Mobile and more.¹



CourseSmart—Jones & Bartlett Learning has partnered with CourseSmart, provider of digital college textbooks, to make many of our leading education titles available through the CourseSmart eTextbook store. Features include search capabilities, highlighting, note taking features and more.

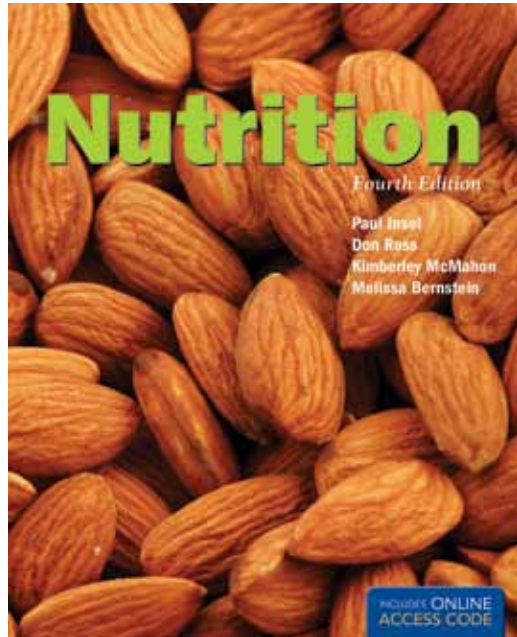


eBook—Jones & Bartlett Learning is continually adding titles to Amazon’s wireless eBook device and alternate Kindle mobile applications.

For more information on additional formats, visit us online at: www.jblearning.com

[†]Jones & Bartlett Learning reserves the right to evaluate requests for complimentary review copies. *Offer valid through 12/31/2011. Must use coupon code: NT2011. Suggested U.S. list price. Prices are subject to change. Not valid with other offers or on prior purchases. Offer not valid on retail, trade, or wholesale orders. Individual purchases only. Shipping to U.S. Addresses only. Sales tax will be applied to your order. If you are not completely satisfied with your purchase, please return it within 30 days for a full refund or replacement copy.

¹ iPad is available in compatibility mode. Not all mobile versions are available on all platforms. Please see individual catalog pages for specifications.



Praise for this text:

“This book presents a lot of valuable information in an easy-to-read and easy-to-apply manner. Since nutrition is constantly changing, the fourth edition is a welcome one. The topics covered give students all the information they need to have a firm grasp of basic nutrition.”

—Amy Hess-Fischl,
MS, RD, LDN, BC-ADM, CDE
University of Chicago Medical Center
Doody’s Review Service, Rating: 5 Stars

Nutrition

Fourth Edition

Paul Insel, Stanford University
Don Ross, California Institute of Human Nutrition
Kimberley McMahon, Utah State University
Melissa Bernstein, Rosalind Franklin University of Medicine and Science

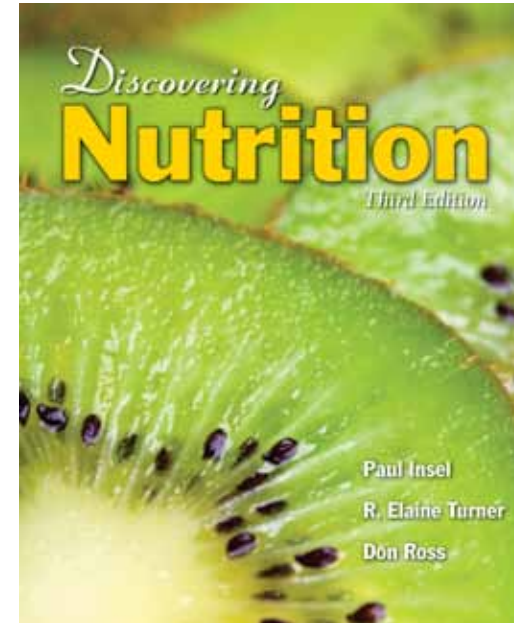
Nutrition, Fourth Edition provides students with accurate, scientifically based information on topics and issues that concern them—a balanced diet, weight management, and more—and encourages them to think about the material they’re reading and how it relates to their own lives. It provides a balanced presentation of behavioral change and the science of nutrition.

The *Fourth Edition* covers important biological and physiological phenomena, including glucose regulation, digestion and absorption, and fetal development—as well as familiar topics such as nutritional supplements and exercise.

Key Features

- *Going Green* boxes address the nutrition community’s concern about the importance of environmental issues in our time.
- Position statements from the ADA, the ACSM, and the AHA showcase concurrent opinions held by some of the leading organizations in nutrition and health.
- *Label to Table* helps students apply their new decision-making skills at the supermarket by walking students through the various types of information that appear on food labels.
- *Nutrition Science in Action* allows students to apply their knowledge of nutrition to real-life experiments outside of the classroom.
- *Electronic Student Study Guide* follows the chapter topics and offers fill-in-the-blank questions and summaries so that students can test themselves on key concepts.
- *What About Bobbie?* tracks the eating habits and health-related decisions of a typical college student so that students can apply the material they have learned in the chapter to a real-life situation.
- *Quick Bites* sprinkled throughout the book offer fun facts about nutrition-related topics such as exotic foods, social customs, folk remedies, and more.

ISBN-13: 978-0-7637-7663-3 • Hardcover • 1004 Pages • © 2011 • Additional Format: CourseSmart
+ Instructor Resources: IM, ITK, PP, TB + Student Resources: CW, SG



Praise for this text:

“The text, in my opinion, is one of the best available for basic nutrition.”

—Bernard L. Frye, PhD,
University of Texas at Arlington

“...content organization, use of illustrations, and support materials for the instructor, as well as the online aids for students. I have used several other texts but was impressed with the presentation of nutrition and the supporting science in a format that is easy for non-nutrition majors to understand.”

—Alana D. Cline, PhD, RD,
University of Northern Colorado

Discovering Nutrition

Third Edition

Paul Insel, Stanford University
R. Elaine Turner, University of Florida
Don Ross, California Institute of Human Nutrition

This introductory nutrition text is designed for students with little or no background in college-level, biology, chemistry, or physiology. *Discovering Nutrition’s* coverage of material such as digestion, metabolism, chemistry, and life-cycle nutrition is clearly written, accessible, and engaging to undergraduate students.

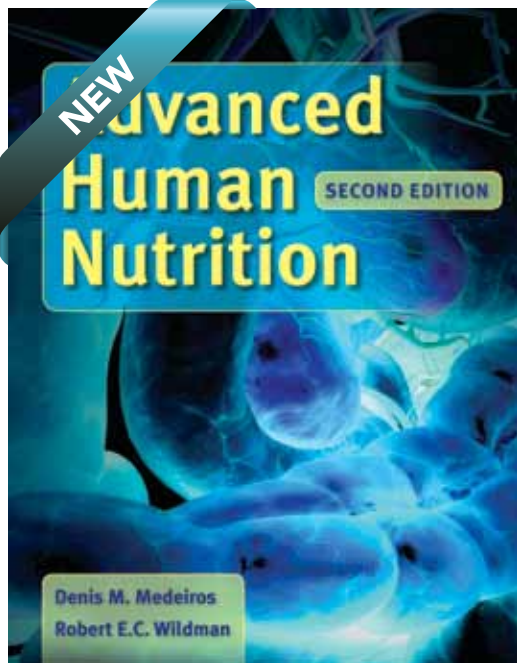
Key Features

- MyPyramid is included throughout the text; not only as a supplement
- Integrates the 2005 dietary guidelines throughout
- Diagrams cover hard to learn topics by stripping away unnecessary detail and showing the process (i.e. metabolism drawings)
- Behavior change is a key component
- Chemistry review (online) brings students up-to-speed. No science background needed
- Portion Control guide and Trans fat labeling
- Available with updated ESHA (EatRight Diet Analysis Software)

Topics Include

- Position statements from the ADA, AHA, ACSM, and Dietitians of Canada
- Added discussion of Japanese and Chinese diets
- Updated information on Eating Well with Canada’s Food Guide
- Revised discussion of energy and weight management
- Preventing eating disorders and how fashion and weight guidelines for models affect society
- Updated statistics on malnutrition and hunger in childhood
- Revised discussion of overweight and obesity in childhood
- New figures showing MyPyramid for kids and older adults

ISBN-13: 978-0-7637-5873-8 • Paperback • 654 Pages • © 2010 • Additional Format: CourseSmart
+ Instructor Resources: AE, IM, ITK, PP, TB + Student Resources: CW, SG



Advanced Human Nutrition Second Edition

Denis M Medeiros, MS, PhD, RD, LD, Kansas State University

Robert E.C. Wildman, PhD, RD, LD, Texas State University, San Marcos

Advanced Human Nutrition, Second Edition provides an in-depth overview of the human body and details why nutrients are important from a biochemical, physiological, and molecular perspective. Figures help illustrate the content and bring the meaning to life to enhance the reader's understanding. Complex pathways, for example, are presented in a student-friendly fashion, as are diagrams that illustrate metabolism and the molecular functions of nutrients. Multiple elements within the text, such as "Here's Where You Have Been" and "Here's Where You Are Going," help drive home key points from the chapter and provide real-world examples to bring the content to life.

Topics Covered

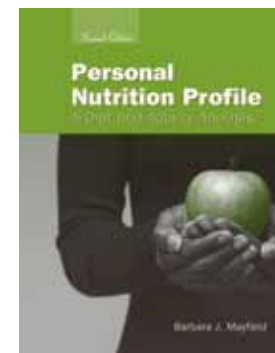
- Cell aging, damage and repair systems
- Human nutrition, digestion, and absorption with relation to organs, exocrine and endocrine functions, histology, and absorptive activities
- Microflora and satiety/hunger mechanisms
- Macronutrients during exercise and the role of liquids and sports drinks
- Prevalent diseases in western cultures such as coronary heart disease, cancer, and osteoporosis

ISBN-13: 978-0-7637-8039-5 • Hardcover • 432 Pages • © 2012

➤ **Instructor Resources:** IM, PP, TB ➤ **Student Resources:** CW

Highlights

- Concept and reasoning checks highlight key points from preceding chapters as well as major points in the upcoming chapter
- *Before You Go On* asks students to reflect upon what they've just read. This allows them to go back and re-read portions of the text if they do not readily grasp the material
- *Special Features* on focused topics add depth to the chapter and, in some cases, allow the student to view the application of basic science
- *Key Concept* summaries are included in each chapter
- A glossary with key terms and definitions is included in the back of the book



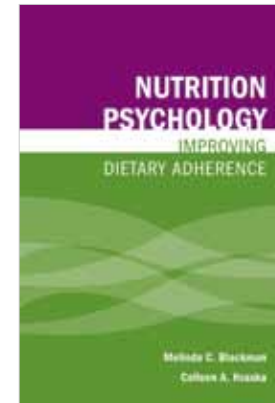
Personal Nutrition Profile A Diet and Activity Analysis Second Edition

Barbara Mayfield, MS, RD, Purdue University

Personal Nutrition Profile: A Diet and Activity Analysis, Second Edition, provides students with the tools they need to examine and change their personal eating and activity habits. It includes goal-setting worksheets for making changes to take students beyond standard analysis. Students can simply fill in the blanks and follow the instructions to compare their behaviors with the dietary recommendations.

Used in conjunction with *Nutrition* or *Discovering Nutrition*, this text helps students better understand the effects of their eating and activity habits on their overall health.

ISBN-13: 978-0-7637-3895-2 • Paperback • 113 Pages • © 2006



Nutrition Psychology Improving Dietary Adherence

Melinda Blackman, PhD, California State University

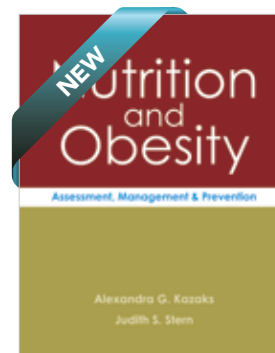
Colleen Kvaska, MA, RD, CDE, California State University

Nutrition Psychology: Improving Dietary Adherence presents prominent psychological theories that are known to drive human eating behavior, and reveals how these models can be transformed into proactive strategies for adhering to healthy dietary regimens. The text brings a cross-disciplinary perspective/solution for adhering to a healthy dietary program, valuable to a variety of healthcare students and practitioners. It incorporates both a theoretical and applied approach. Case study examples further illustrate the correct application of psychological methods. These examples will help develop the student or practitioner's own self-diagnosing skills of appropriate eating strategies as well as understanding others.

ISBN-13: 978-0-7637-8040-1 • Paperback • 235 Pages • © 2011

Additional Format: CourseSmart

➤ **Instructor Resources:** PP, TB



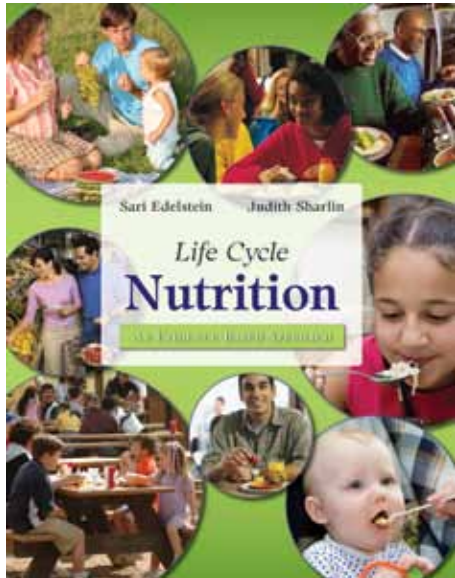
Nutrition and Obesity Assessment, Management, & Prevention

Alexandra Kazaks, RD, PhD, Bastyr University

Judith Stern, ScD, RD, University of California, Davis

Nutrition and Obesity presents major concepts about obesity including new knowledge gained from recent advances in research on health risks, caloric requirements and energy expenditures related to obesity, eating behavior and the biology of hunger and satiety, and pharmacotherapy and surgery as treatments for obesity.

ISBN-13: 978-0-7637-7850-7 • Hardcover • 400 Pages • © 2012
Available Fall 2011



Lifecycle Nutrition

An Evidence-Based Approach

Sari Edelstein, PhD, RD, Simmons College
Judith Sharlin, PhD, RD, Simmons College

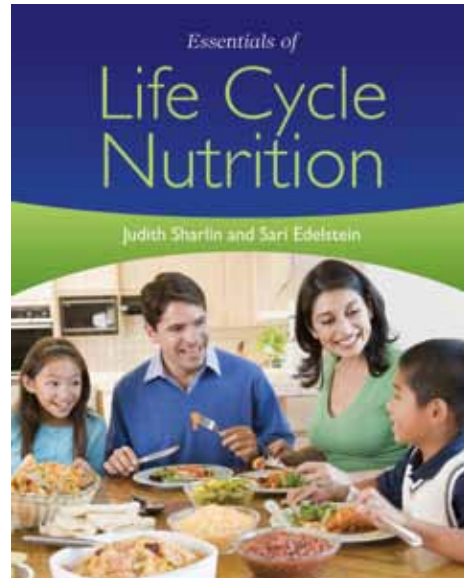
Using the latest epidemiologic research, *Life Cycle Nutrition: An Evidence-Based Approach* explores nutritional foundations and the growth, development and normal functioning of individuals through each stage of life. With subjects as diverse as media influences on eating, skipping breakfast, fruit juice consumption, and clinical nutrition, this text gives students current knowledge, helps them evaluate emerging knowledge, and prepares them to uncover new knowledge for the public, their clients, and themselves.

Each new text comes with a supplement to Chapter 2: *Nutrition Requirements During Pregnancy!*

ISBN-13: 978-0-7637-3810-5

Paperback • 532 Pages • © 2009

➤ **Instructor Resources:** IM, PP, TB



Essentials of Lifecycle Nutrition

Judith Sharlin, PhD, RD, Simmons College
Sari Edelstein, PhD, RD, Simmons College

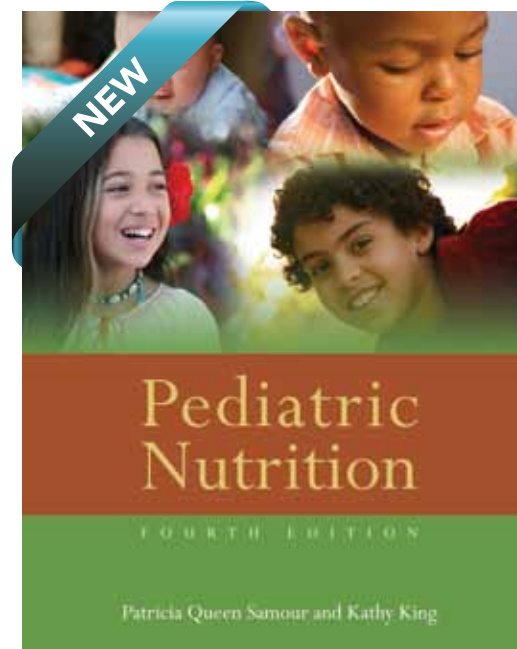
Essentials of Life Cycle Nutrition comprehensively covers nutrition requirements throughout the life span, and engages students with new illustrations, photos, and tables—without the high-level research emphasis more appropriate for advanced nutrition courses. Spanning nutrition essentials from prenatal through adult, it provides a look into contemporary nutritional issues such as childhood obesity, diabetes, eating disorders, chronic disease, pharmacologic considerations, physical activity and weight management, and unique nutrition needs in the older adult, as well as nutritional and ethical issues at the end of life.

ISBN-13: 978-0-7637-7792-0

Paperback • 345 Pages • © 2011

Additional Format: CourseSmart

➤ **Instructor Resources:** IM, PP, TB



Pediatric Nutrition

Fourth Edition

Patricia Queen Samour, MMSc, RD, Beth Israel Deaconess Medical Center
Kathy King, RD, LD, Helm Publishing

Pediatric Nutrition, Fourth Edition covers nutrition guidelines from preconception through neonatal, including normal growth, inborn errors, acute care medical conditions like diabetes, and cardiac and pulmonary issues. It covers the latest clinical research, accepted practice protocols, and study of the normal child from preconception through adolescence.

In a practical and detailed manner, this best-selling text provides cutting edge research and resources on the most important pediatric practice issues and therapies. Commonly used by dietetic practitioners studying for their Pediatric Specialty exams, registered dietitians, dietetic technicians, nutritionists, pediatricians, nurses, and dietetic students, this book is considered the last word in pediatric nutrition.

ISBN-13: 978-0-7637-8450-8 • Paperback • 538 Pages • © 2012

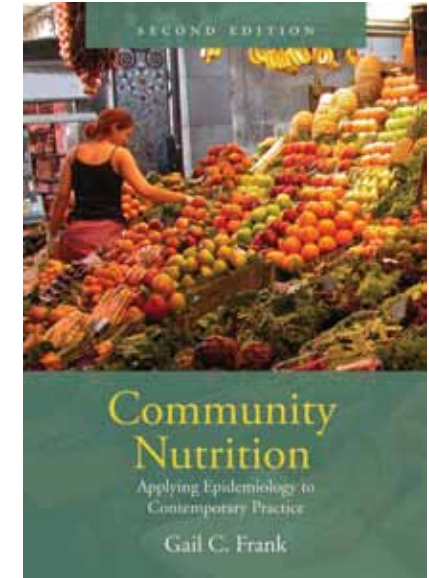
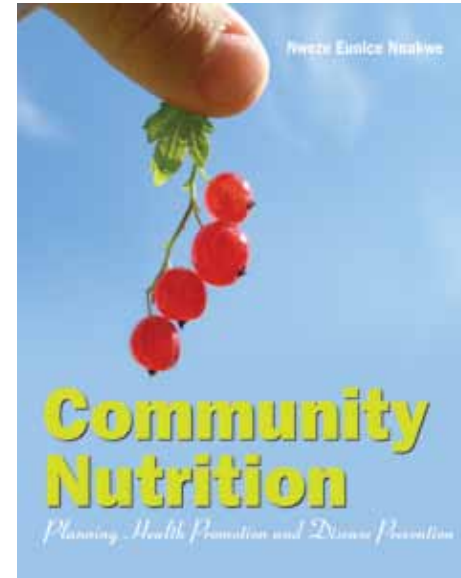
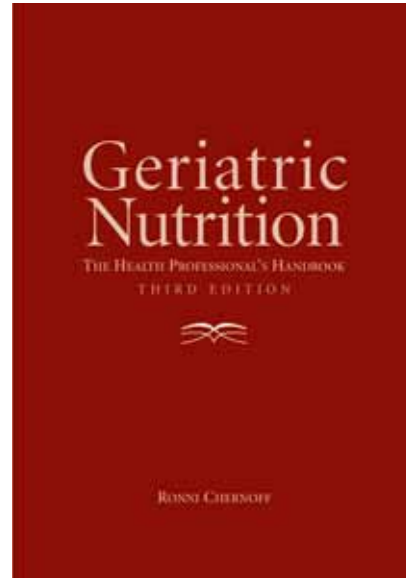
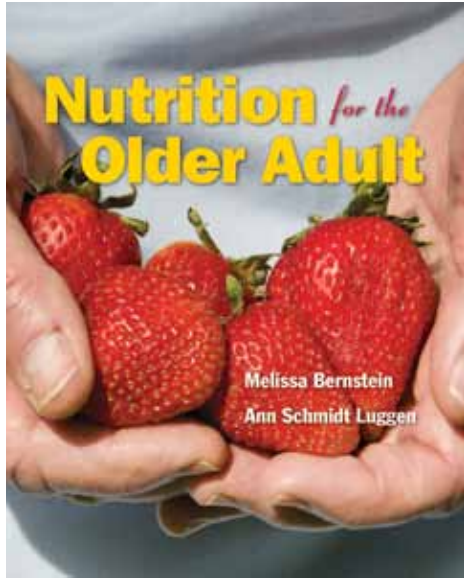
Praise for this text:

“This is a valuable resource covering the basics of pediatric nutrition. It is easy to read and good for both the entry level practitioner and those with more experience.”

—**Frances Price**, MS, RD, CSP, LD
 Amazon Review for the
 Third Edition: 5 Stars

Highlights

- Case studies allow students to apply the knowledge gained from the chapter to a real-life situation
- Figures, growth charts, and tables illustrate proper methods of assessment
- New information on preconceptional care has been added to Chapter 1
- The *Fourth Edition* has been updated to include evidence-based nutrition therapy guidelines, based on the Nutrition Care Process
- Alternative therapies, such as the use of herbs and phytochemicals, are addressed in Chapter 21



Nutrition for the Older Adult

Melissa Bernstein, PhD, RD, LD, Rosalind Franklin University of Medicine and Science
Ann Schmidt Luggen, PhD, GNP, Professor Emeritus, Northern Kentucky University

This clear, comprehensive text introduces students to nutrition and health promotion for older adults. It covers such important topics as the physiological changes of aging, weight and nutrition problems, nutritional assessment and support, diet and cultural diversity, and exercise prescriptions.

Key Features

- Contains examples of actual patients and nutritional disorders that are seen in the community and clinical settings
- Discusses changes that commonly occur naturally with aging, so that it is understood that disease is not a natural consequence of growing old
- Presents the diseases that occur often in older adults and includes nutritional elements that may contribute to the problems or are part of the solution to the problems

ISBN-13: 978-0-7637-3624-8
 Paperback • 422 Pages • © 2010
 Additional Format: CourseSmart
 + Instructor Resources: PP, TB
 + Student Resources: CW

Geriatric Nutrition

*The Health Professional's Handbook
 Third Edition*

Ronni Chernoff, PhD, RD, FADA, Central Arkansas Veterans Healthcare Center

New Edition Coming Fall 2011!

Geriatric Nutrition is an authoritative reference written to help professionals understand the role of nutrition in the maintenance of health, the management of chronic conditions, and the treatment of serious illness. The *Third Edition* of this best-selling text provides a comprehensive review of nutritional assessment, intervention programs for the elderly, and health promotion activities.

Key Features

- Contributors are experts in the field and provide recent information and perspectives
- Addresses the relationship among physiologic aging, nutrition, and disease
- Examines the impact of aging on the organ system

ISBN-13: 978-0-7637-3181-6
 Hardcover • 575 Pages • © 2006

Community Nutrition

Planning Health Promotion and Disease Prevention

Nweze Nnakwe, PhD, RD, LD, Illinois State University

Designed for undergraduate students, this text uses real-world examples to reinforce core nutrition concepts and explores the current and emerging nutrition issues faced by today's diverse communities. It presents the skills, cultural concepts, and background knowledge to promote health and prevent disease.

Key Features

- Discusses effective community-based programs and provides examples of best research-based practice for each chapter
- Provide students with an opportunity to understand and evaluate health information and then apply the concepts in school and community settings
- Showcases community nutrition issues and shows students how they can learn to address and alleviate problems

ISBN-13: 978-0-7637-4760-2
 Paperback • 408 Pages • © 2009
 Additional Format: CourseSmart
 + Instructor Resources: IM, PP, TB
 + Student Resources: CW

Community Nutrition

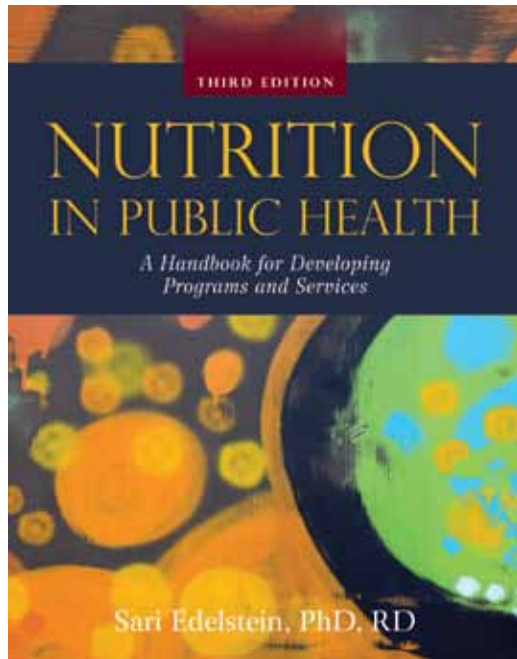
*Applying Epidemiology to Contemporary Practice
 Second Edition*

Gail Frank, DrPH, RD, CHES, California State University

Community Nutrition, Second Edition, introduces future nutrition professionals to the relationship between nutritional epidemiology and the research, policies, and programs regarding prevention and treatment.

Organized into three comprehensive parts—Part One: Nutrition in US Communities, Part Two: Primary Preventions of Disease, and Part Three: Secondary and Tertiary Prevention-Managing Disease and Avoiding Complications—this text not only covers general population nutrition, but also men's and women's health, diverse populations, and special populations.

ISBN-13: 978-0-7637-3062-8
 Hardcover • 936 Pages • © 2008
 + Instructor Resources: IM, TB
 + Student Resources: CW



Praise for this text:

*“The importance of nutrition in maintaining good health and preventing disease is more clear than ever before, but translating this knowledge into public health practice remains a huge challenge. **Nutrition in Public Health** will provide an invaluable guide to those taking on this essential task.”*

—Dr. Walter Willett,
Harvard University School of Public Health



Published in Partnership
with the American Public
Health Association

Nutrition in Public Health

*Handbook for Developing Programs and Services
Third Edition*

Sari Edelstein, PhD, RD, Simmons College

Published in partnership with the American Public Health Association, **Nutrition in Public Health, Third Edition** presents the most up-to-date information on assessing nutrition needs in the community and identifies best practices to promote health and prevent disease. It provides a description of public health in the United States through data and expertise from relevant contributing authors, and discusses the active services and service agencies that are available in the U. S.

New to this Edition

- Nutritional epidemiology
- Obesity in America
- Programs for the aged
- Food security
- Food bioterrorism
- Environmental and economic concerns

ISBN-13: 978-0-7637-7791-3 • Paperback • 428 Pages • © 2011

➤ **Instructor Resources:** IM, PP

Highlights

- Chapter information is evidence-based.
- Includes the latest statistical information on all topics presented; the presentation of current statistics is available in updated charts and graphs.
- Cultural differences that involve the nutrition and health differences and similarities among ethnic groups are discussed throughout the text.
- *Issues for Discussion* are found at the end of each chapter; these elicit original thought and understanding of problems found throughout public health.
- Pertinent websites are provided for use as students work through the material presented as an added resource.
- Key terms are presented as sidebars throughout the chapters assist with new terminology and concepts.



Practical Applications in Sports Nutrition

Third Edition

Heather Hedrick Fink, MS, RD,
National Institute for Fitness and Sport
Alan E. Mikesky, PhD, FACSM,
Indiana University – Perdue University
Lisa A. Burgoon, MS, RD, LDN,
University of Illinois, Urbana-Champaign

Practical Applications in Sports Nutrition, Third Edition provides students and practitioners with the latest sports nutrition information and dietary practices so they can assist athletes and fitness enthusiasts in achieving their personal performance goals. This text not only provides the most current sports nutrition guidelines and research but also includes the tools and guidance necessary to most appropriately apply the information in

the “real world.” It demonstrates effective ways to communicate sports nutrition messages to athletes and how to motivate individuals to make permanent behavior change.

Early chapters provide an introduction to sports nutrition and give a thorough explanation of macronutrients, micronutrients, and water and their relation to athletic performance. Later chapters focus on the practical and applied aspects of sports nutrition including behavior change through consultations and weight management. Chapter 15 targets the unique nutrition requirements of special populations such as athletes who are pregnant, vegetarian, or have chronic diseases. The text concludes with a chapter dedicated to helping readers discover the pathway to becoming a sports dietitian through education and experience.

Highlights

- Updated to include the new 2010 dietary guidelines
- New calcium and Vitamin D recommendations
- New World Anti-Doping Code- 2010 Prohibited Substances List
- More meal planning and snack ideas throughout the book
- Revised health and nutrient content claims
- Nutritional analyses for all recipes in the book
- Updated research covering carbohydrate intake and performance
- Updated sport beverage comparison chart with new products
- Expanded section on weight gain including meal plans for athletes wanting to gain weight
- Updated information on the Health Claims and Nutrient Content Claims

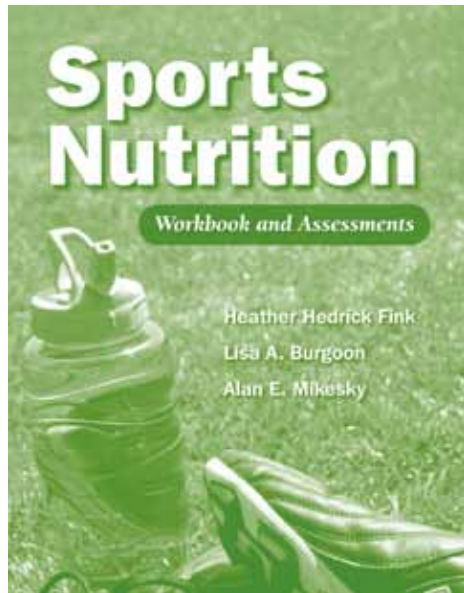
ISBN-13: 978-1-4496-0208-6 • Paperback • 585 Pages • © 2012

➤ **Instructor Resources:** IM, PP, TB ➤ **Student Resources:** CW, SG

Praise for the Text

“The special focus for dietetics students and others interested in sports nutrition as a career is unique to this text compared to other sports nutrition texts on the market. The blend of evidence-based research that forms the basis of nutrition guidelines and the examples of practical application in this text is informative and appealing to students and instructors.”

—Patti Steinmuller,
Montana State University-Bozeman



Sports Nutrition Workbook and Assessments

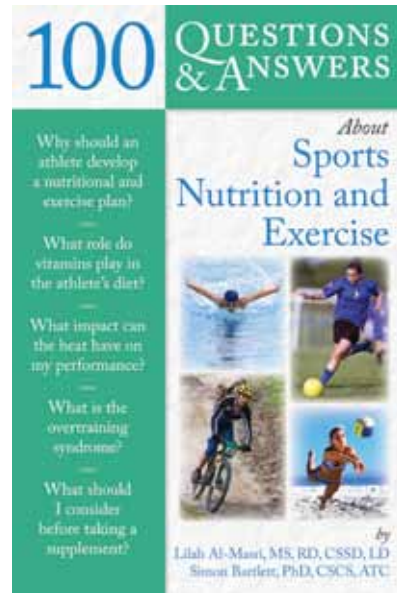
Heather Hedrick Fink, MS, RD,
National Institute for Fitness and Sport
Lisa A. Burgoon, MS, RD, LDN,
University of Illinois, Urbana-Champaign
Alan E. Mikesky, PhD, FACSM,
Indiana University – Perdue University

This workbook contains exercises and activities to help students review chapter topics discussed in *Practical Applications in Sports Nutrition, Third Edition*, and assess their own health behaviors in relation to these topics.

Highlights

- Uses real-life examples, problems, and case studies from the sports nutrition field
- Features exercises and activities to help students review chapter topics and assess their own health behaviors in relation to these topics
- Includes crossword puzzles using key terms encountered by sports nutrition professionals

ISBN-13: 978-0-7637-6194-3
Paperback • 114 Pages • © 2010



100 Questions & Answers About Sports Nutrition

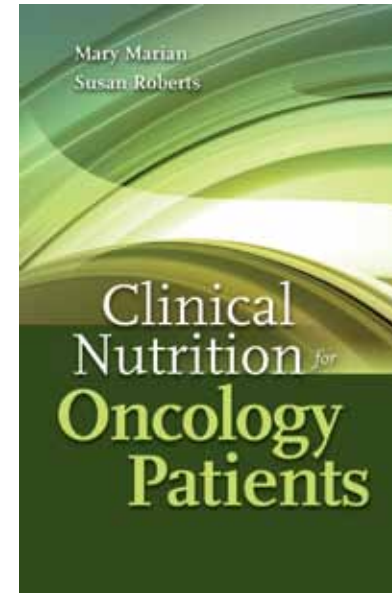
Lilah Al-Masri, MS, RD, CSSD, LD, United States Naval Academy; Quest Sports Science Center
Simon Bartlett, PhD, CSCS, ATC, United States Naval Academy; Quest Sports Science Center

This practical guide provides scientifically based, useful, concrete concepts that will help athletes to excel in their respective sports. Equipped with case studies, quick tips, and testimonials, it covers topics such as vitamins and minerals, fluids, medications and supplements, weight management, warm ups and cool downs, flexibility, and more.

“This is a useful book for athletes who want to learn the basic science behind sport while building a strong understanding of the relationship of nutrition, training and exercise physiology. The authors do a fine job of debunking nutrition and training myths while focusing their efforts on supporting claims with science.”

—**Erik H. VanIterson**, MS, MBio,
Northwestern University Feinberg
School of Medicine
Doody’s Review Service, Rating: 5 Stars

ISBN-13: 978-0-7637-7886-6
Paperback • 256 Pages • © 2011

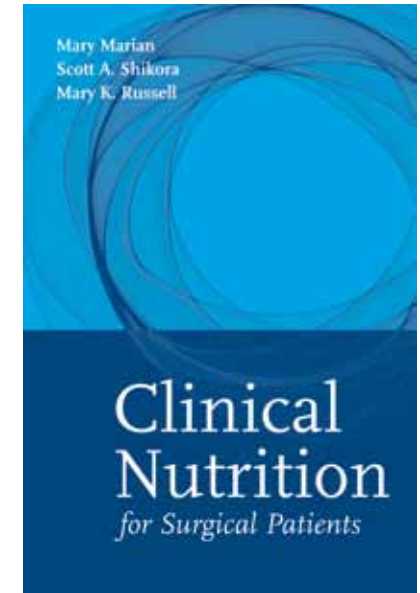


Clinical Nutrition for Oncology Patients

Mary Marian, MS, RD, CSO,
University of Arizona College of Medicine
Susan Roberts, MS, RD, LD, CNSD,
Baylor University Medical Center

Clinical Nutrition for Oncology Patients provides clinicians with the information they need to help cancer survivors and patients make informed choices about their nutrition and improve their short-term and long-term health. This comprehensive resource outlines nutritional management recommendations for care prior to, during, and after treatment and addresses specific nutritional needs and complementary therapies that may be of help to a patient. This book is written by a variety of clinicians who not only care for cancer survivors and their caregivers, but are also experts in the field of nutritional oncology.

ISBN-13: 978-0-7637-5512-6
Hardcover • 463 Pages • © 2010

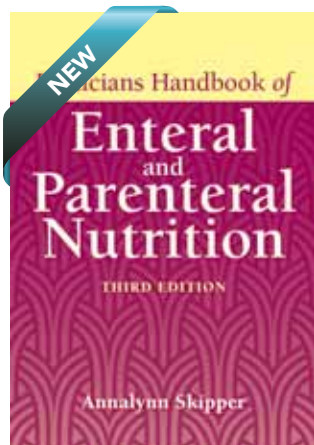


Clinical Nutrition for Surgical Patients

Mary Marian, MS, RD, CSO,
University of Arizona College of Medicine
Scott A. Shikora, MD, FACS,
Tufts University School of Medicine
Mary K. Russell, MS, RD, LDN, CNSD,
University of Chicago Hospitals

Clinical Nutrition for Surgical Patients provides a thorough review of the basics of medical nutrition therapy for surgical patients, including nutritional assessment, the role of surgical diets, and the indications and contraindications for specialized nutrition support. Written by experts in the field, it address specific medical and surgical conditions and disease states that present specific challenges with provision of nutrition support. The latest nutrition support techniques are described and their roles in managing many types of surgical patients are outlined.

ISBN-13: 978-0-7637-3881-5
Hardcover • 362 Pages • © 2008



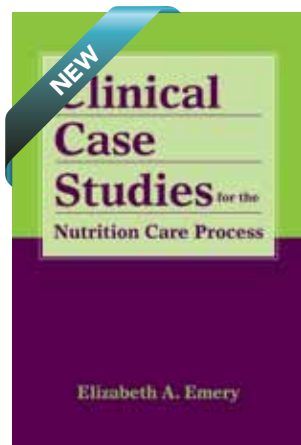
Dietitian's Handbook of Enteral and Parenteral Nutrition

Third Edition

Annalynn Skipper, PhD, RD, FADA, Annalynn Skipper & Associates

Thoroughly revised and updated, the *Dietitian's Handbook of Enteral and Parenteral Nutrition, Third Edition* provides comprehensive coverage of systems approaches to medical nutrition therapy. Designed for graduate nutrition students, dietetic interns, and practicing dietitians, this authoritative handbook provides a solid foundation and reference to the nutrition support field. Expert contributors present a practical approach to the delivery of parenteral and enteral nutrition and offer current nutrition support practice information.

ISBN-13: 978-0-7637-4290-4
Hardcover • 364 Pages • © 2012



Clinical Case Studies for the Nutrition Care Process

Elizabeth A. Emery, MS, RD, CNSD, LDN

Clinical Case Studies for the Nutrition Care Process presents clinical nutrition case studies utilizing the new standardized language and nutrition diagnosis and shows readers how to apply the standardized language to specific clinical cases. Case studies are drawn from the author's experience and collected from practitioners who are experts in their field. Hot topics such as adolescent obesity and bariatric surgery are included. Cases also include questions to help readers who are not familiar with a particular specialty explore the pathophysiology of disease and nutritional treatment recommendations.

ISBN-13: 978-0-7637-6184-4
Paperback • 150 Pages • © 2012

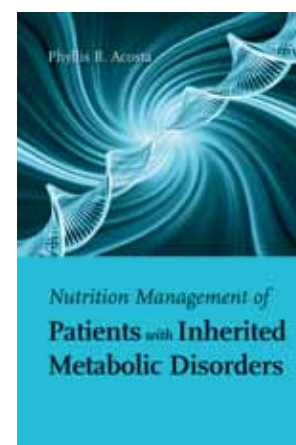


Advanced Medical Nutrition Therapy Practice

Annalynn Skipper, PhD, RD, FADA, Annalynn Skipper & Associates

Advanced Medical Nutrition Therapy Practice describes a model of advanced practice in medical nutrition therapy and illustrates how dietitians can become advanced-level practitioners through education and training. In most health professions, there is a clear progression from beginning practitioner to seasoned expert. While such a progression may exist in dietetics, it is not clearly articulated. This groundbreaking reference is designed for clinical dietitians with an interest in elevating their level of practice.

ISBN-13: 978-0-7637-4289-8
Paperback • 219 Pages • © 2009



Nutrition Management of Patients with Inherited Metabolic Disorders

Phyllis B. Acosta, DrPH, RD, Emory University

Nutrition Management of Patients with Inherited Metabolic Disorders supplies the knowledge needed by nutritionists, dietitians, and other healthcare professionals who provide services to patients with inherited metabolic disorders (IMDs). This text helps medical food manufacturers, medical geneticists, nutritionists, dietitians, and other healthcare providers find alternative forms of supplying the nutrients that promote optimal health and nutrition for the patient.

ISBN-13: 978-0-7637-5777-9
Hardcover • 476 Pages • © 2010

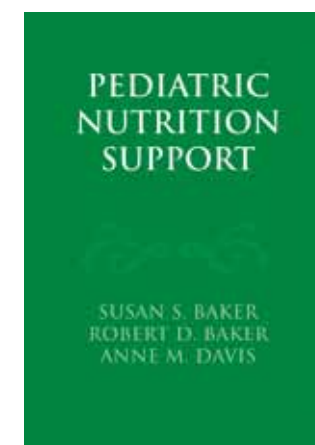


Handbook of Home Nutrition Support

Carol S. Ireton-Jones, PhD, RD, LD, CNSD, Coram, Inc
Mark H. DeLegge, MD, FACG, Medical University of South Carolina

Handbook of Home Nutrition Support is an authoritative reference on the many aspects of the delivery of parenteral and enteral nutrition therapy at home. Each chapter in this comprehensive handbook is designed to enhance clinical skills by exploring the specific applications for various needs such as cancer, liver, pancreatic, cardiac, and pulmonary diseases, as well as pregnancy and organ transplant.

ISBN-13: 978-0-7637-4950-7
Paperback • 472 Pages • © 2007

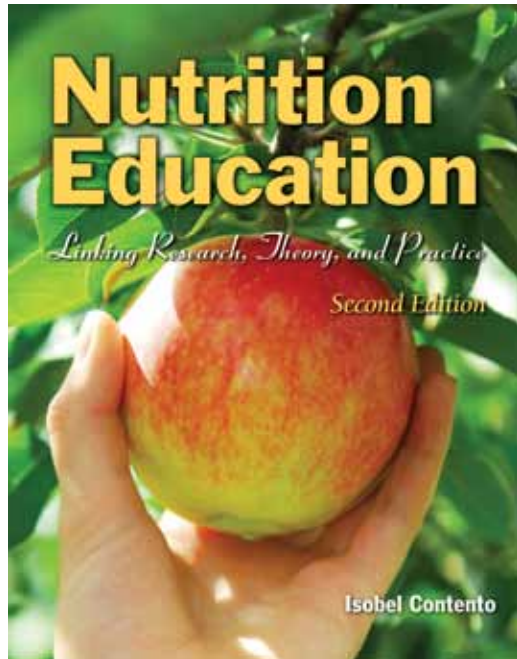


Pediatric Nutrition Support

Susan S. Baker, MD, PhD, State University of New York at Buffalo
Robert D. Baker, MD, PhD, State University of New York at Buffalo
Anne M. Davis, PhD, RD, Martek Biosciences Corporation

Pediatric Nutrition Support is a comprehensive, state-of-the-art resource for all dietitians, nurses, physicians, and pharmacists involved in pediatric care. This reference provides thorough coverage of the latest developments and techniques in enteral and parenteral feeding and evaluation methods. Cases detailing specific pediatric disease conditions offer concrete examples of nutrition support processes and make this a must-have resource.

ISBN-13: 978-0-7637-3154-0
Hardcover • 612 Pages • © 2007



Nutrition Education

Linking Research, Theory, and Practice
Second Edition

Isobel Contento, PhD, CDN, Teachers College Columbia University

Nutrition Education, Second Edition provides students with a simple, straightforward model to easily design effective nutrition education. Using a six-step process, it integrates theory, research, and practice, providing advice on designing, implementing, and evaluating theory-based nutrition education.

Praise for this text:

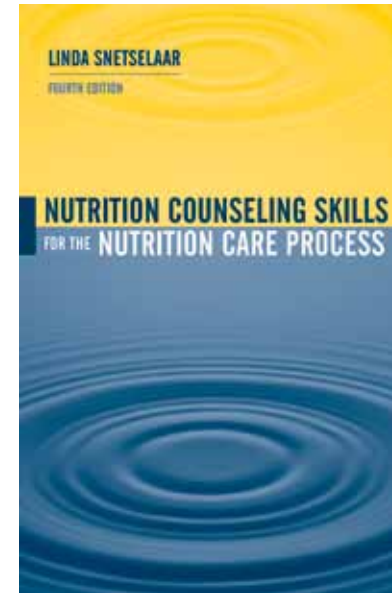
“This book has well documented research with well laid out education theories. The author has done extensive research in the area and has prepared a book with learning objectives, examples, flowcharts, case studies, review questions, and references in each chapter. It presents a procedural model that takes behavioral theory and translates it into practical ways to implement nutrition education.”

—Lisa G Brown, BS,
College of Saint Benedict
Doody’s Review Service

This book is divided into three parts:

- Part 1 provides the background; it describes the evidence for nutrition education and the theories from behavioral sciences that can guide nutrition education.
- Part 2 lays out the 6-step process for designing nutrition education; it includes diagrams, worksheets, and case studies to provide a clear illustration of each of these steps.
- Part 3 describes the nuts and bolts of providing nutrition education: leading groups; working with different ages, low-literacy groups; making presentations, making and using visuals.

ISBN-13: 978-0-7637-7508-7 • Paperback • 444 Pages • © 2011 • Additional Format: CourseSmart
+ Instructor Resources: IM, PP, TB + Student Resources: CW



Nutrition Counseling Skills for the Nutrition Care Process

Fourth Edition

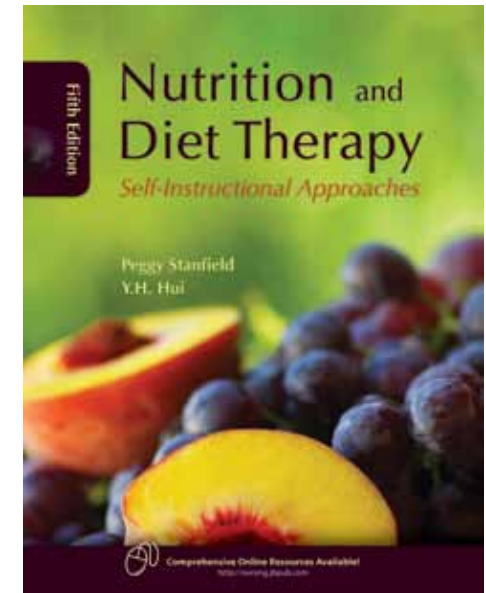
Linda Snetselaar, RD, PhD, University of Iowa

Nutrition Counseling Skills for the Nutrition Care Process provides the latest counseling theory and communication techniques for clinical and community settings. The *Fourth Edition* focuses on tailoring intervention strategies to a client’s dietary needs through effective interviewing, assessing, and counseling. This revision of a popular text addresses nutrition counseling for conditions such as obesity, heart disease, diabetes, renal disease, hypertension, cancer, eating disorders, and pregnancy.

Key Features

- Updated information on theories and strategies for behavior change
- New focus on the Nutrition Care Process
- Chapter 7 on diet therapy for renal disease
- Chapter 8 on Dietary Approaches to Stop Hypertension (DASH) studies and the relation of diet and hypertension
- Applied examples of stages of change and strategies to achieve dietary modification

ISBN-13: 978-0-7637-2960-8
Paperback • 494 Pages • © 2009
+ Instructor Resources: AE, PP



Nutrition and Diet Therapy

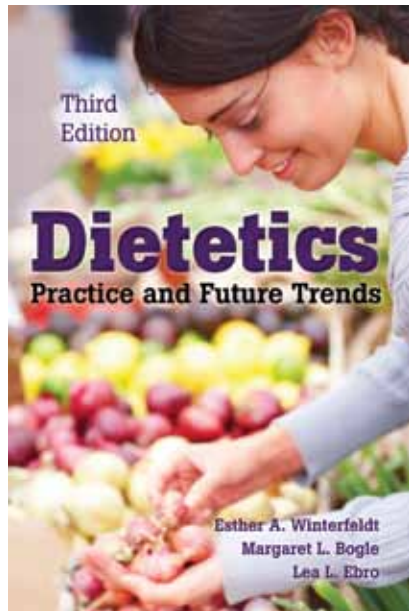
Self-Instructional Approaches
Fifth Edition

Peggy S. Stanfield, MS, RD, CNS,
Dietetic Resources

Nutrition and Diet Therapy: Self-Instructional Approaches covers the fundamentals of basic nutrition, and then nutrition as therapy, in both adults and children. Progress checks throughout each chapter and chapter post-tests help students to evaluate their comprehension of key information.

The *Fifth Edition* has been completely revised with a new *Introduction to Nutrition* chapter (Chapter 1), updated My Pyramid and corresponding DRIs, as well as all figures, tables and references.

ISBN-13: 978-0-7637-6137-0
Paperback • 571 Pages • © 2010
Additional Format: CourseSmart
+ Instructor Resources: IM, PP, SL, TB
+ Student Resources: CW



Dietetics: Practice and Future Trends

Third Edition

Esther A. Winterfeldt, PhD, Professor Emeritus, Oklahoma State University
Margaret L. Bogle, PhD, RD, LD, US Department of Agriculture
Lea L. Ebro, PhD, Professor Emeritus, Oklahoma State University

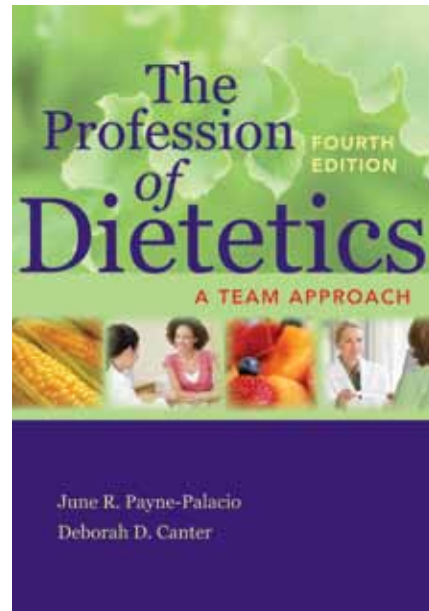
Dietetics: Practice and Future Trends, Third Edition includes new and updated information about the profession of dietetics such as reports on current activities, a review of emerging issues in dietetic practice, and more. It provides an overview of the career opportunities for dietitians, explaining what they do, highlighting the specific areas of dietetic practice, and listing the requirements to become a dietitian.

New to this Edition

- Revised education standards
- Task force report on the future of dietetics education
- New CDR study on advanced practice
- Updated salary information
- Public perception of food and nutrition
- Current and emerging issues, such as: gerontology, genetics, the “green” revolution, food safety, and obesity and related issues

ISBN-13: 978-0-7637-7662-6
 Paperback • 286 Pages • © 2011
 Additional Format: CourseSmart

⊕ Instructor Resources: PP, TB



The Profession of Dietetics

A Team Approach

Fourth Edition

June R. Payne-Palacio, PhD, RD, Professor Emeritus, Pepperdine University
Deborah D. Canter, PhD, RD, LD, Kansas State University

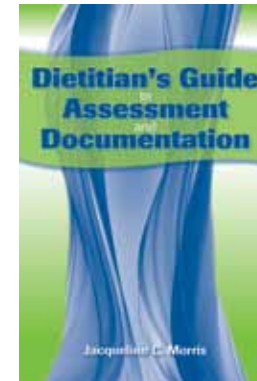
The Profession of Dietetics reviews the history of dietetics, gives an overview of the profession as it is today, provides a thorough examination of the educational and credentialing requirements, and projects future trends in the field. The *Fourth Edition* takes a practical and personal approach to successfully maneuvering the often complicated and competitive steps to success in the nutrition profession.

Key Features

- Each chapter presents a profile of an actual dietetics professional who is making a difference with creative ideas or an unusual career path.
- Chapter 4, *Beginning Your Path to Success in Dietetics*, describes the process of developing the three different portfolios that are used in the dietetics field.
- Chapter 5, *Dietetics Evaluation and Training*, clearly spells out the educational steps required to become an RD or DTR.

ISBN-13: 978-0-7637-9006-6
 Paperback • 235 Pages • © 2011

⊕ Instructor Resources: IM, PP, TB



Dietitian's Guide to Assessment and Documentation

Jacqueline Morris, RD, MPH, CDN, Annex Nutrition Services

Dietitian's Guide to Assessment and Documentation covers the components of nutrition care assessment and provides information on the legal aspects of documentation.

This text will help students learn how to:

- Interpret lab data
- Properly document information with the law in mind
- Write a care plan
- Prepare for Joint Commission or State surveys

ISBN-13: 978-0-7637-7851-4 • Paperback • 202 Pages • © 2011

⊕ Instructor Resources: AE, PP



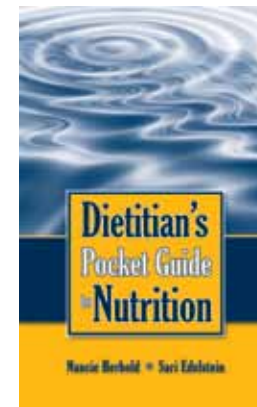
Quick Reference to Clinical Dietetics

Second Edition

Lucinda Lysen, RD, LD, RN, BSN

Designed for quick access and clear guidance, *Quick Reference to Clinical Dietetics, Second Edition*, offers step-by-step guidelines for nutrition screening and assessment, including physical assessment, nutrition intervention, and follow-up.

ISBN-13: 978-0-7637-3198-4 • Paperback • 367 Pages • © 2006

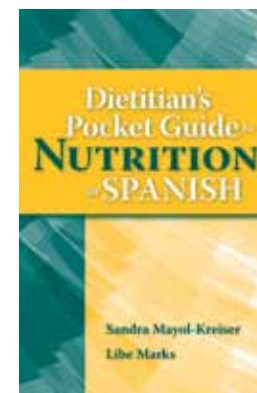


Dietitian's Pocket Guide to Nutrition

Nancie Herbold, EdD, RD, Simmons College
Sari Edelstein, PhD, RD, Simmons College

Portable and concise, the *Dietitian's Pocket Guide to Nutrition* serves as an easy reference for dietitians and other health care professionals who quickly need to access the recommended nutrition care for various medical conditions and problems.

ISBN-13: 978-0-7637-6538-5 • Paperback • 485 Pages • © 2009



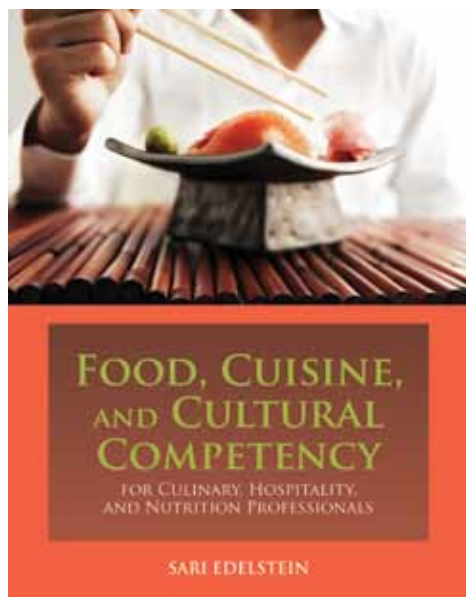
Dietitian's Pocket Guide to Nutrition in Spanish

Second Edition

Sandra N. Mayol-Kreiser, Arizona State University
Libe Marks, Medical Interpreter, The Children's Hospital, Denver, CO

Dietitian's Pocket Guide for Nutrition in Spanish is a small, handy, pocket guide with quick nutritional information in English and Spanish, including a pronunciation guide. It includes the career specific verses and words to help you communicate about health, food, diet and nutrition in Spanish.

ISBN-13: 978-0-7637-8340-2 • Paperback • 310 Pages • © 2011



Food, Cuisine, and Cultural Competency for Culinary, Hospitality, and Nutrition Professionals

Sari Edelstein, PhD, RD, Simmons College

Food, Cuisine, and Cultural Competency for Culinary, Hospitality, and Nutrition Professionals comprehensively covers unique food traditions as they apply to health. The text explores the critical importance of cultural sensitivity and competency in today's work setting, addresses health literacy issues of diverse client bases, and helps readers identify customer communication techniques that enable professionals to establish trust with clients of ethnicity not their own. Written and peer reviewed by experts in the culture discussed, each chapter in this groundbreaking text covers a distinct region or culture and discusses the various contexts that contribute to nutrition and health: lifestyles, eating patterns, ethnic foods, menu planning, communication (verbal and non-verbal), and more.

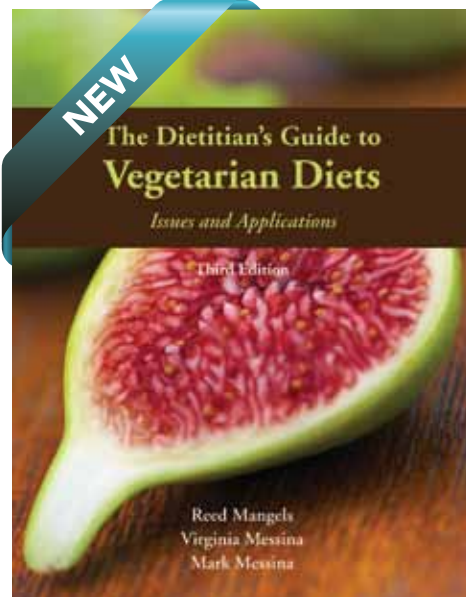
ISBN-13: 978-0-7637-5965-0

Paperback • 614 Pages • © 2011

Additional Format: CourseSmart

⊕ Instructor Resources: PP, TB, SL

⊕ Student Resources: CW



The Dietitian's Guide to Vegetarian Diets

Issues and Applications
Third Edition

Reed Mangels, PhD, RD,
The Vegetarian Resource Group
Virginia Messina, MPH, RD,
Nutrition Matters, Inc.
Mark Messina, PhD, Nutrition Matters, Inc.

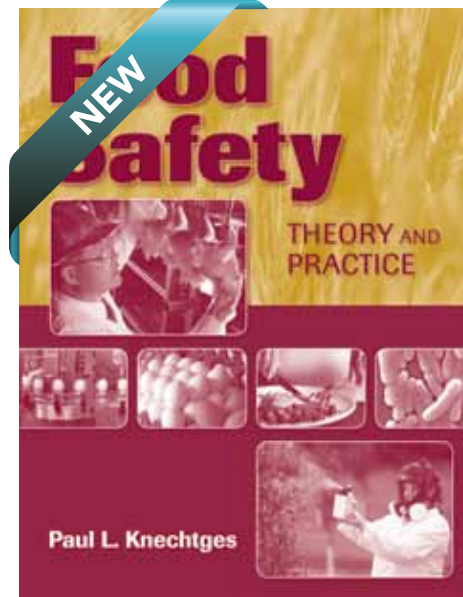
The Dietitian's Guide to Vegetarian Diets: Issues and Applications, Third Edition provides the most up-to-date information on vegetarian diets. Written for dietitians and other health care professionals, the *Third Edition* can be used as an aid for counseling vegetarian clients and those interested in becoming vegetarians, or serve as a textbook for students who have completed introductory coursework in nutrition. Evidence-based and thoroughly referenced, this text includes case-studies, sample menus, and counseling points to help readers apply material to the real world.

Highlights

- Includes a food guide that can be used by vegetarians throughout the life-cycle as well as for multiple kinds of vegetarian diets.
- Highlights the benefits of using vegetarian diets in the treatment of hyperlipidemia, hypertension, type 2 diabetes, and obesity
- Features soy and health and soy safety.
- Includes preparation techniques for foods commonly used by vegetarians

ISBN-13: 978-0-7637-7976-4

Paperback • 596 Pages • © 2011



Food Safety

Theory and Practice

Paul L. Knechtges, PhD,
East Carolina University

Food Safety: Theory and Practice emphasizes a comprehensive and multidisciplinary approach to food safety. It covers important topics related to the prevention of foodborne illnesses and diseases with a “farm-to-fork” perspective. Each chapter starts with a set of learning objectives for the student and ends with a list of important references and websites for further study and research. Scientific principles that underpin food safety are introduced, and terminology is explained to facilitate comprehension by the student.

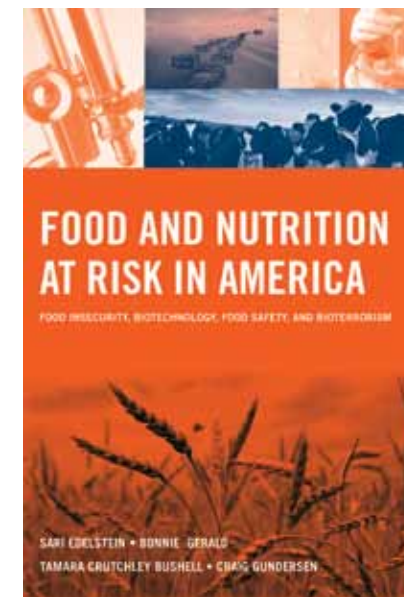
Extremely well organized, this book can serve as the primary text for a food safety course, or it can serve as a background text for more specialized courses in food safety.

Key Features

- Risk and hazard analysis of goods
- Safety management of the food supply
- Food safety laws, regulations, enforcement, and responsibilities
- The pivotal role of food sanitation/safety inspectors

ISBN-13: 978-0-7637-8556-7

Paperback • 400 Pages • © 2012



Food and Nutrition at Risk in America

Food Insecurity, Biotechnology, Food Safety and Bioterrorism

Sari Edelstein, PhD, RD, Simmons College
Bonnie Gerald, PhD,
University of Southern Mississippi
Tamara Crutchley Bushell, PhD,
University of Alabama
Craig Gundersen, PhD, Iowa State University

Food and Nutrition at Risk in America covers the latest threats to our nation's food systems from the likelihood that our food supply may become tainted to food insecurity within our borders to crop manipulation's effects on health. This thought-provoking text offers readers the opportunity to consider the current status of food insecurity, biotechnology, food safety, and bioterrorism in America as well as the types of assistance and policies needed in the future to ensure the health and welfare of our people.

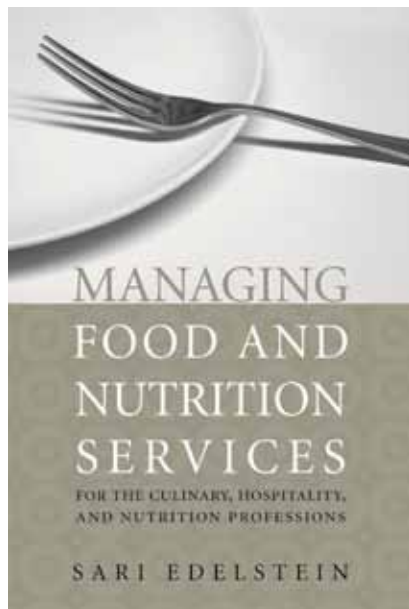
Highlights

- Learning objectives are presented in each chapter.
- Key terms introduce the reader to terms and concepts discussed in each section.
- *Issues to Debate* provides timely topics for debate and further discussion.

ISBN-13: 978-0-7637-5408-2

Paperback • 315 Pages • © 2009

⊕ Instructor Resources: IM, PP



Managing Food and Nutrition Services for the Culinary, Hospitality, and Nutrition Professions

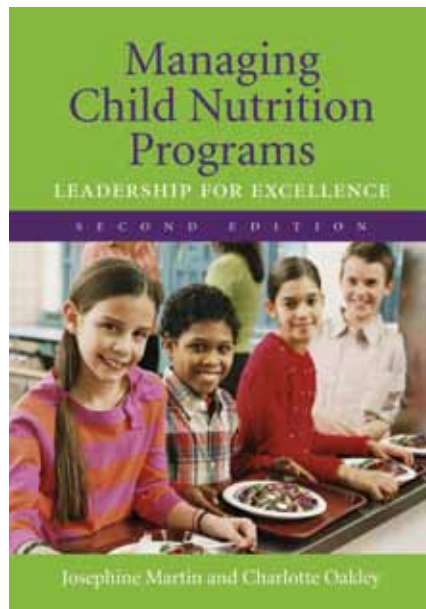
Sari Edelstein, PhD, RD, Simmons College

Managing Food and Nutrition Services for the Culinary, Hospitality, and Nutrition Professions skillfully merges culinary, hospitality, and dietetics management principles into one practical resource for future nutrition professionals. This textbook prepares students to perform the daily operational tasks of foodservice by combining theory with practice. Each chapter includes hands-on assignments to encourage students to develop problem-solving and critical-thinking skills. Case studies about real-life work situations, such as chain restaurants and elementary school cafeterias, ask students to consider how they would respond to typical issues in the workplace. Respected experts within their specialized field of study have contributed chapters on topics such as foodservice industry trends, fiscal management, and long-term planning.

ISBN-13: 978-0-7637-4064-1

Hardcover • 533 Pages • © 2008

Instructor Resources: IM, PP



Managing Child Nutrition Programs Leadership for Excellence Second Edition

Josephine Martin, PhD, RD, LD, The Josephine Martin Group
Charlotte Beckett Oakley, PhD, RD, LD, FADA, National Food Service Management Institute

Managing Child Nutrition Programs: Leadership for Excellence, Second Edition, gives readers the skills and knowledge they need to develop and lead today's child nutrition programs. Each chapter and accompanying case study are prepared by recognized child nutrition professionals and academic leaders, with proven applications in the development, implementation, management, and evaluation of child nutrition programs. The *Second Edition* takes a systems approach to program management by focusing on four program areas; administration, nutrition, operations, and communications and marketing. This approach prepares readers to achieve innovation and excellence in their child nutrition programs through effective leadership in each of the program areas with the desired outcome of helping children develop healthy food habits and giving children access to healthful food when under the care of the school or institutional setting.

ISBN-13: 978-0-7637-3390-2

Hardcover • 860 Pages • © 2008



EatRight Analysis Online Version 15.0

ESHA Research

EatRight Analysis Online, Version 15.0 is an important component to personal decision-making and behavior change. This diet analysis software includes over 20,000 food choices, MyPyramid, 2005 Dietary Guidelines, and current DRIs. It allows students to analyze their diets by RDAs/DRIs and goal percentages. Developed by ESHA Research, *EatRight Analysis* is designed to teach students about the roles that behavior and personal decision-making play in the way that they eat.

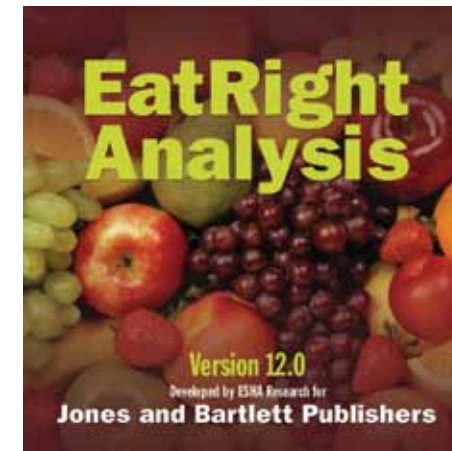
This web-based application allows your students to:

- Log daily food intake from 20,000 food choices, including dishes from popular restaurants, fast food chains, dietary supplements, and ethnic foods, such as pad thai, enchiladas, and sushi.
- Track energy intake and set weight goals.
- Analyze, print, and email a variety of reports based on your personal food intake and activities over multiple days.

Visit <http://eatright.jblearning.com> for more information.

ISBN-13: 978-0-7637-4618-6

Online Course • © 2007



EatRight Analysis Version 12.0

ESHA Research

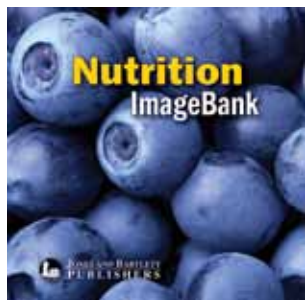
EatRight Analysis, Version 12.0 has been completely redesigned for easier use and updated to include the latest dietary information. It includes over 20,000 food choices and current DRIs. It allows students to analyze their diets by RDAs/DRIs and goal percentages. Developed by ESHA Research, *EatRight Analysis, Version 12.0* is designed to teach students about the roles that behavior and personal decision-making play in the way that they eat.

EatRight Analysis, Version 12.0 illustrates personal health habits and allows users to:

- Track energy intake and expenditure
- Set weight goals
- Compare their nutrient intake to recommended intake levels

ISBN-13: 978-0-7637-4685-8

CD-ROM • © 2006



Nutrition Image Bank

Jones & Bartlett Learning

The *Nutrition Image Bank* contains photos, illustrations, and tables (to which Jones & Bartlett Learning holds the copyright or has permission to reprint digitally) in an easily searchable media database. These images were chosen based on their relevance within a general nutrition and dietetics curriculum. To ensure ease of use, the images

are categorized as follows: Physical Activity, Biological Processes, Food, Nutritional Information, and Nutrition Education, all of which are then broken down into more specific subcategories.

ISBN-13: 978-0-7637-8199-6 • CD-ROM • © 2010



Nutrition Science Animations

Jones & Bartlett Learning

These new science-based animations give nutrition students an accurate, accessible explanation of scientific concepts and physiological principles. Over 30 of the most complicated processes are graphically presented in an interactive, easy-to-understand format. The *Nutrition Science Animations* are a great multimedia resource for use in online courses, classroom lectures, and independent studying.

ISBN-13: 978-0-7637-4497-7 • CD-ROM • © 2007



Jones & Bartlett Learning is a world-leading provider of instructional, assessment, and learning-performance management solutions for secondary, post-secondary, and professional markets. We endeavor to develop educational programs and services that improve learning outcomes, and enhance student achievement by uniquely combining authoritative content written by respected authors with innovative, proven and engaging technology applications that meet the diverse needs of today's instructors, students, and professionals.

Our learning solutions are used in the following content areas:

EMS, Fire & Emergency Care and Safety Institute – From emergency medical services and fire training, to first aid and CPR, construction safety, and law enforcement, Jones & Bartlett Learning is the leading provider of education and assessment resources for public safety professionals.

Health & Medicine – Working directly with many of the world's leading health science authors, thought-leaders, and professional associations, Jones & Bartlett Learning produces market-leading college textbooks, electronic reference materials, drug reference handbooks, and patient education materials for consumers of healthcare services.

Science, Computing, Engineering, & Mathematics – From human biology to complex analysis, Jones & Bartlett Learning is transforming scientific and technical learning with tools designed to enrich the learning experience and improve course outcomes.

Career Education & Trades – With market-leading brands such as CDX Automotive—an innovative training solution for automotive service technicians—Jones & Bartlett Learning is redefining how skill-based education is delivered for the career education market.

For more information or to review our online product catalog, visit us on the web at www.jblearning.com.

Contact your Account Specialist to learn more or to request a complimentary review copy:

Mike Bacus
1-800-832-0034 ext. 8228
mbacus@jblearning.com
AL, AR, FL, GA, LA, MS, NC, OK, RI, SC, TN, TX

Allison Palmer
1-800-832-0034 ext. 8280
apalmer@jblearning.com
AZ, CO, HI, IL, KS, MI, MT, NE, NM, NY, VT, WV, WY

Vanessa Viola
1-800-832-0034 ext. 8220
vviola@jblearning.com
CT, DC, DE, IN, KY, MA, MD, ME, NJ, OH, PA, UT, VA

Roberta De Oliveira
1-800-832-0034 ext. 8148
rdeoliveira@jblearning.com
AK, CA, IA, ID, MN, MO, ND, NH, NV, OR, SD, WA, WI

Lisa Papa
Executive Director Retail Trade Sales
Office 1-518-250-5231
Mobile 1-978-460-3666
lpapa@jblearning.com
Contact for information on Wholesale, Trade and Retail

Robert Rosenitsch
Director of Sales & Marketing: Canada
905-270-5450
canada@jblearning.com

Career and Proprietary Schools:

Jenn Solomon
Vice President of Sales,
Private Sector Career Colleges and Universities
1-800-832-0034 ext. 8118
jsolomon@jblearning.com



Source Code: NUTRN2011



PRSRT STD
U.S. Postage
PAID
Permit No. 6
Hudson, MA

**10% Off
and Free
Shipping**

On all individual orders.
Order online at
www.jblearning.com.
See inside for details

NUTRITION

ACADEMIC AND PROFESSIONAL CATALOG **2011**