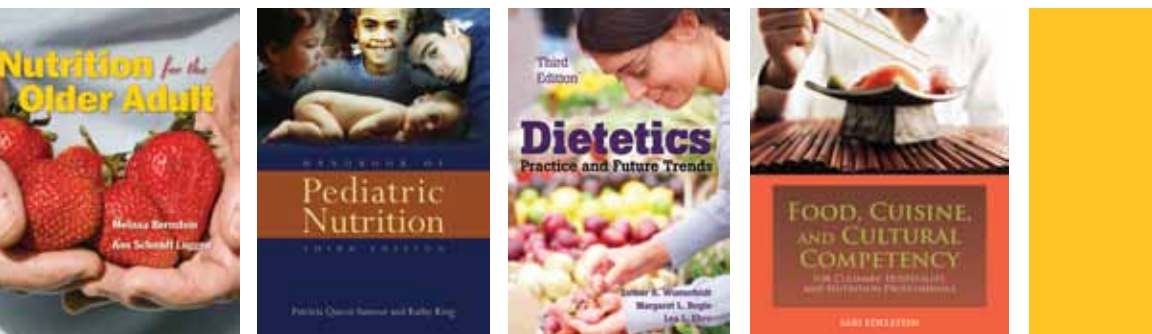
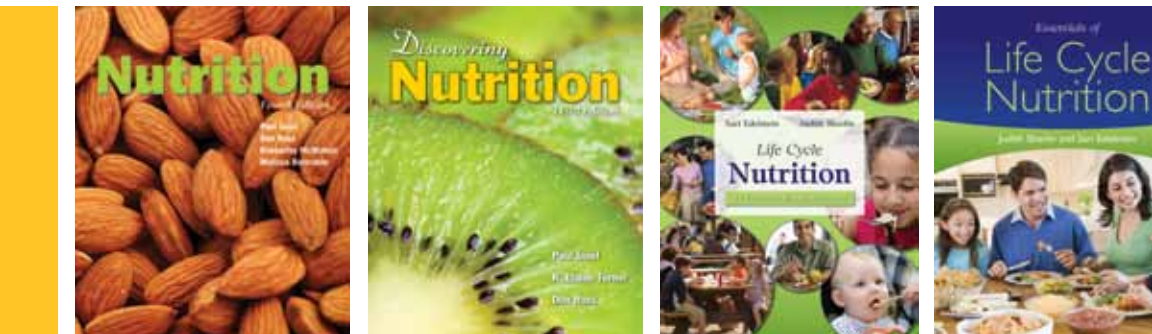


NUTRITION

ACADEMIC & PROFESSIONAL CATALOG **2010**



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Instructor Resources:

AE = Answers to Exercises
 IM = Instructor's Manual
 ITK = Instructor's ToolKit
 PP = PowerPoint Slides
 SL = Sample Syllabus
 TB = Test Bank

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CW = Companion Web site
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Nutrition

Fourth Edition

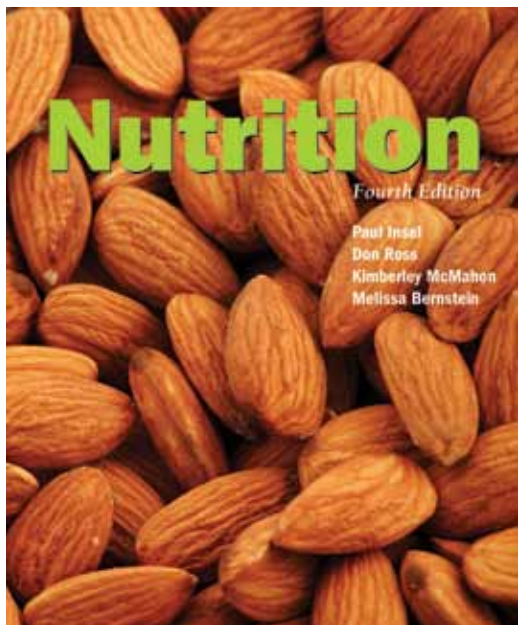
Paul Insel, Stanford University

Don Ross, California Institute of Human Nutrition

Kimberley McMahon, Utah State University

Melissa Bernstein, Rosalind Franklin University of Medicine and Science

Nutrition, Fourth Edition provides students with accurate, scientifically based information on topics and issues that concern them—a balanced diet, weight management, and more—and encourages them to think about the material they're reading and how it relates to their own lives. It provides a balanced presentation of behavioral change and the science of nutrition.



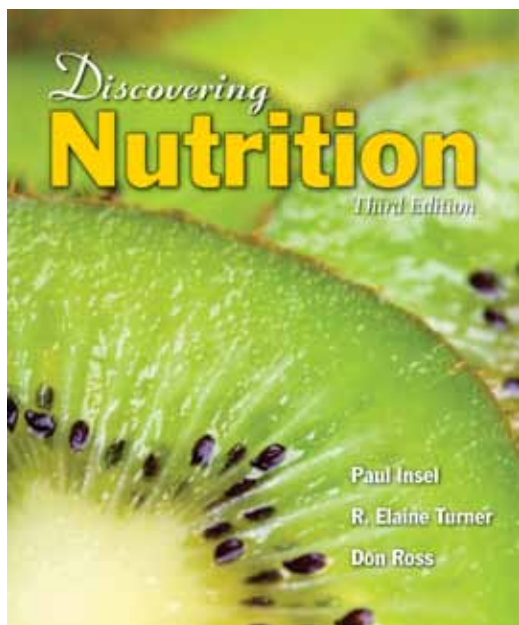
The *Fourth Edition* covers important biological and physiological phenomena, including glucose regulation, digestion and absorption, and fetal development - as well as familiar topics such as nutritional supplements and exercise.

Key Features

- *New Going Green* boxes address the nutrition community's concern about the importance of environmental issues in our time.
- Updated Design—interior layout has been upgraded and modernized.
- Position statements from the ADA, the ACSM, and the AHA showcase concurrent opinions held by some of the leading organizations in nutrition and health.
- *Label to Table* helps students apply their new decision-making skills at the supermarket by walking students through the various types of information that appear on food labels.
- *What About Bobbie?* tracks the eating habits and health-related decisions of a typical college student so that students can apply the material they have learned in the chapter to their own diet.
- New! *Electronic Student Study Guide*: Available with every new text at no additional cost, the SSG follows the chapter topics and offers fill-in-the-blank questions and summaries so that students can test themselves on key concepts.
- *Nutrition Science in Action* allows students to apply their knowledge of nutrition to real-life experiments outside of the classroom.
- *Quick Bites* sprinkled throughout the book offer fun facts about nutrition-related topics such as exotic foods, social customs, folk remedies, and more.

ISBN-13: 978-0-7637-7663-3 • Hardcover • 1040 Pages • © 2011 • Additional Format: CourseSmart

➤ Instructor Resources: IM, ITK, PP, TB ➤ Student Resources: CW, SG



Discovering Nutrition

Third Edition

Paul Insel, Stanford University
R. Elaine Turner, University of Florida
Don Ross, California Institute of Human Nutrition

This introductory nutrition text is designed for students with little or no background in college-level biology, chemistry, or physiology. *Discovering Nutrition's* coverage of material such as digestion, metabolism, chemistry, and life-cycle nutrition is clearly written, accessible, and engaging to undergraduate students.

Topics Covered

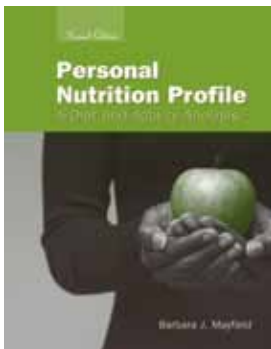
- Position statements from the ADA, AHA, ACSM, and Dietitians of Canada
- Added discussion of Japanese and Chinese diets
- Updated information on Eating Well with Canada's Food Guide
- Revised discussion of energy and weight management
- Preventing eating disorders and how fashion and weight guidelines for models affect society
- Updated statistics on malnutrition and hunger in childhood
- Revised discussion of overweight and obesity in childhood
- New figures showing MyPyramid for kids and older adults

Key Features

- MyPyramid is included throughout the text; not only as a supplement
- Integrates the 2005 dietary guidelines throughout
- Diagrams cover hard to learn topics by stripping away unnecessary detail and showing the process (i.e. Metabolism drawings)
- Behavior change is a key component
- Chemistry review (online) brings students up-to-speed. No science background needed
- Portion Control guide and Trans fat labeling
- Available with updated ESHA (EatRight Diet Analysis Software)

ISBN-13: 978-0-7637-5873-8 • Paperback • 654 Pages • © 2010 • Additional Format: CourseSmart

⊕ Instructor Resources: AE, IM, ITK, PP, TB ⊕ Student Resources: CW, SG



Personal Nutrition Profile

A Diet and Activity Analysis, Second Edition

Barbara Mayfield, MS, RD, Purdue University

Personal Nutrition Profile: A Diet and Activity Analysis, Second Edition, provides students with the tools they need to examine and change their personal eating and activity habits. Used in conjunction with *Nutrition* or *Discovering Nutrition*, this text helps students better understand the effects of their eating and activity habits on their overall health.

ISBN-13: 978-0-7637-3895-2 • Paperback • 113 Pages • © 2006



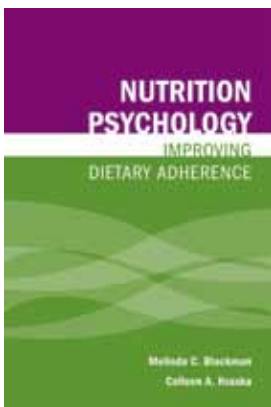
Advanced Human Nutrition

Second Edition

Denis M. Medeiros, MS, PhD, RD, LD, Kansas State University
Robert E. C. Wildman, PhD, RD, LD

Advanced Human Nutrition examines human nutrient requirements, the basis for RDA and other recommendations; human nutrition, digestion, and absorption with relation to organs, exocrine and endocrine functions, histology, and absorptive activities; macronutrients and micronutrients; eicosanoid chemistry and function, and more.

ISBN-13: 978-0-7637-8039-5 • Paperback • 400 Pages • © 2012



Nutrition Psychology

Improving Dietary Adherence

Melinda Blackman, PhD, California State University
Colleen Kvaska, MA, RD, CDE, California State University

Nutrition Psychology: Improving Dietary Adherence presents prominent psychological theories that are known to drive human eating behavior and reveals how these models can be transformed into proactive strategies for adhering to healthy dietary regimens. Case study examples further illustrate the correct application of psychological methods.

ISBN-13: 978-0-7637-8040-1 • Paperback • 248 Pages • © 2011



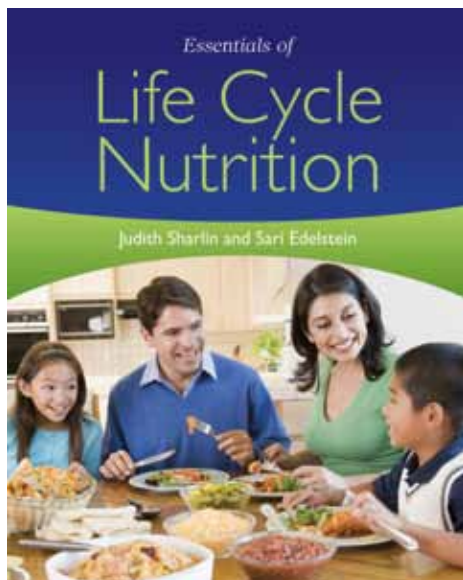
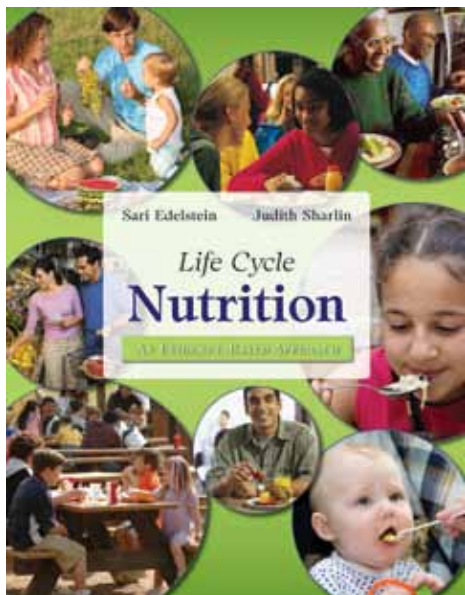
Nutrition and Obesity

Assessment, Management, & Prevention

Alexandra Kazaks, RD, PhD, Bastyr University
Judith S. Stern, RD, ScD, University of California, Davis

Nutrition and Obesity presents major concepts about obesity including new knowledge gained from recent advances in research on health risks, caloric requirements and energy expenditures related to obesity, eating behavior and the biology of hunger and satiety, and pharmacotherapy and surgery as treatments for obesity.

ISBN-13: 978-0-7637-7850-7 • Hardcover • 400 Pages • © 2012



Lifecycle Nutrition

An Evidence-Based Approach

Sari Edelstein, PhD, RD, Simmons College

Judith Sharlin, PhD, RD, Simmons College

Using the latest epidemiologic research, *Life Cycle Nutrition: An Evidence-Based Approach* explores nutritional foundations and the growth, development and normal functioning of individuals through each stage of life.

With subjects as diverse as media influences on eating, skipping breakfast, fruit juice consumption, and clinical nutrition, this text gives students current knowledge, helps them evaluate emerging knowledge, and prepares them to uncover new knowledge for the public, their clients, and themselves.

Each new text comes with a new supplement to *Chapter 2: Nutrition Requirements During Pregnancy!*

ISBN-13: 978-0-7637-7931-3

Paperback • 532 Pages • © 2009

⊕ **Instructor Resources:** IM, PP, TB

Essentials of Lifecycle Nutrition

Judith Sharlin, PhD, RD, Simmons College

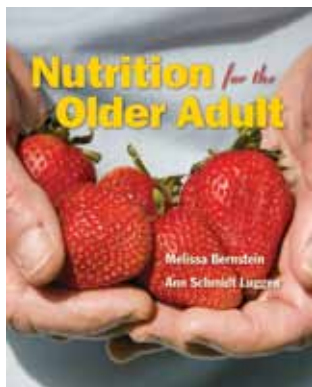
Sari Edelstein, PhD, RD, Simmons College

Essentials of Life Cycle Nutrition comprehensively covers nutrition requirements throughout the life span, and engages students with new illustrations, photos, and tables—without the high-level research emphasis more appropriate for advanced nutrition courses. Spanning nutrition essentials from prenatal through adult, it provides a look into contemporary nutritional issues such as childhood obesity, diabetes, eating disorders, chronic disease, pharmacologic considerations, physical activity and weight management, and unique nutrition needs in the older adult, as well as nutritional and ethical issues at the end of life.

ISBN-13: 978-0-7637-7792-0

Paperback • 345 Pages • © 2011

⊕ **Instructor Resources:** IM, PP, TB



Nutrition for the Older Adult

Melissa Bernstein, PhD, RD, LD, Rosalind Franklin University of Medicine and Science

Ann Schmidt Luggen, PhD, GNP, Professor Emeritus, Northern Kentucky University

This clear, comprehensive text introduces students to nutrition and health promotion for older adults. It covers such important topics as the physiological changes of aging, weight and nutrition problems, nutritional assessment and support, diet and cultural diversity, and exercise prescriptions.

ISBN-13: 978-0-7637-3624-8
Paperback • 422 Pages • © 2010
Additional Format: CourseSmart

+ Instructor Resources:
 PP, TB

+ Student Resources: CW

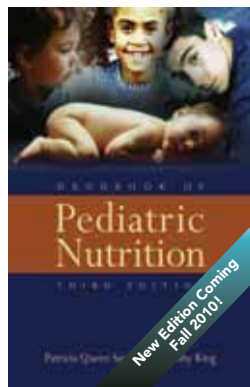


Geriatric Nutrition *The Health Professional's Handbook, Third Edition*

Ronni Chernoff, PhD, RD, FADA, Central Arkansas Veterans Healthcare Center

Geriatric Nutrition is an authoritative reference written to help professionals understand the role of nutrition in the maintenance of health, the management of chronic conditions, and the treatment of serious illness. The *Third Edition* of this best-selling text provides a comprehensive review of nutritional assessment, intervention programs for the elderly, and health promotion activities.

ISBN-13: 978-0-7637-3181-6
Hardcover • 575 Pages • © 2006

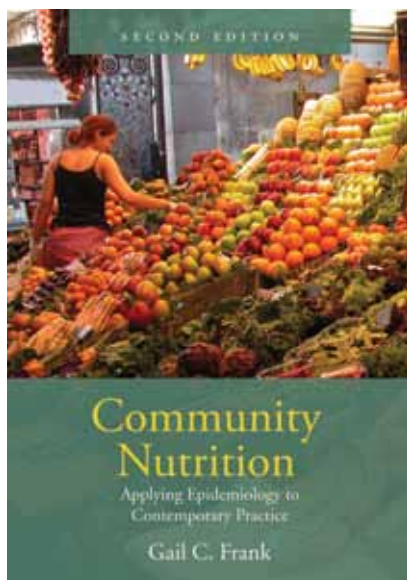
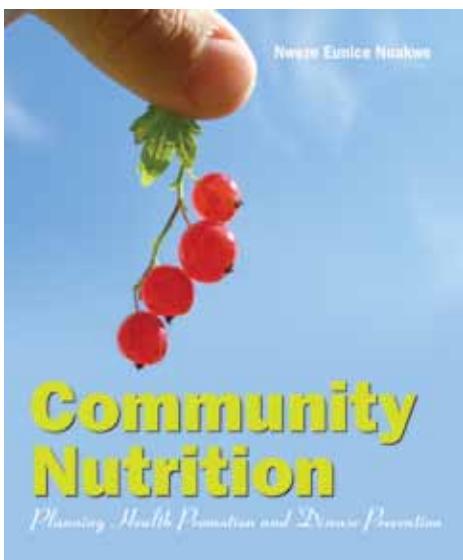


Handbook of Pediatric Nutrition *Third Edition*

Patricia Queen Samour, MMSc, RD, Beth Israel Deaconess Medical Center
Kathy King, RD, LD, Helm Publishing

Handbook of Pediatric Nutrition, Third Edition is the seminal resource that addresses all aspects of pediatric nutrition. It covers the latest clinical research, accepted practice protocols, and study of the normal child from preconception through adolescence. In a practical and detailed manner, this comprehensive guide provides cutting edge research and resources on the most important pediatric practice issues and therapies.

ISBN-13: 978-0-7637-8356-3
Hardcover • 750 Pages • © 2005



Community Nutrition

Planning Health Promotion and Disease Prevention

Nweze Nwakwe, PhD, RD, LD, Illinois State University

Designed for undergraduate students, this text uses real-world examples to reinforce core nutrition concepts and explores the current and emerging nutrition issues faced by today's diverse communities. It presents the skills, cultural concepts, and background knowledge to promote health and prevent disease.

Key Features

- Highlights effective community-based programs and provides examples of best research-based practice for each chapter
- Provide students with an opportunity to understand and evaluate health information and then apply the concepts in school and community settings
- Showcases community nutrition issues and shows students how they can learn to address and alleviate problems

ISBN-13: 978-0-7637-4760-2

Paperback • 408 Pages • © 2009

Additional Format: CourseSmart

⊕ **Instructor Resources:** IM, PP, TB

⊕ **Student Resources:** CW

Community Nutrition

*Applying Epidemiology to Contemporary Practice
Second Edition*

Gail Frank, DrPH, RD, CHES, California State University

Community Nutrition, Second Edition, introduces future nutrition professionals to the relationship between nutritional epidemiology and the research, policies, and programs regarding prevention and treatment.

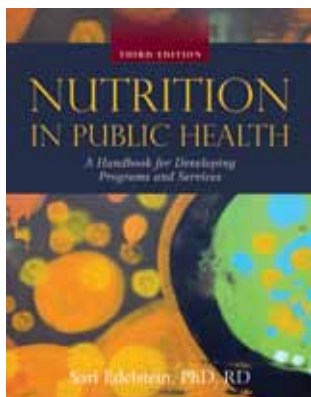
Organized into three comprehensive parts—Part One: Nutrition in US Communities, Part Two: Primary Preventions of Disease, and Part Three: Secondary and Tertiary Prevention—Managing Disease and Avoiding Complications—this text not only covers general population nutrition, but also men's and women's health, diverse populations, and special populations.

ISBN-13: 978-0-7637-3062-8

Hardcover • 936 Pages • © 2008

⊕ **Instructor Resources:** IM, TB

⊕ **Student Resources:** CW



Nutrition in Public Health

Handbook for Developing Programs and Services, Third Edition

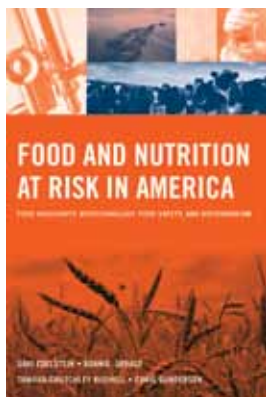
Sari Edelstein, PhD, RD,
Simmons College

Nutrition in Public Health, Third Edition provides an updated framework that is uniquely dedicated to defining the state of public health nutrition and the services offered in the United States today. It provides readers with a description of public health in the U.S. through data and expertise from relevant contributing authors, and discusses the active services and service agencies that are available to manage today's health issues.

ISBN-13: 978-0-7637-7791-3
Paperback • 600 Pages • © 2011

⊕ **Instructor Resources:**
IM, PP

⊕ **Student Resources:** CW



Food and Nutrition at Risk in America

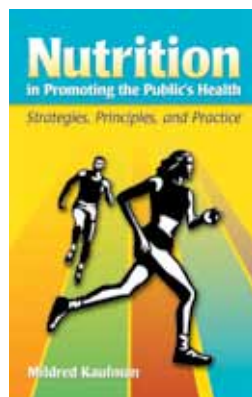
Food Insecurity, Biotechnology, Food Safety and Bioterrorism

Sari Edelstein, PhD, RD,
Simmons College
Bonnie Gerald, PhD,
University of Southern Mississippi
Tamara Crutchley Bushell,
PhD, University of Alabama
Craig Gundersen, PhD,
Iowa State University

Food and Nutrition at Risk in America covers the latest threats to our nation's food systems from the likelihood that our food supply may become tainted to crop manipulation's effects on health. This thought-provoking text offers readers the opportunity to consider the current status of food insecurity, biotechnology, food safety, and bioterrorism in America as well as the types of assistance and policies needed in the future to ensure the health and welfare of our people.

ISBN-13: 978-0-7637-5408-2
Paperback • 315 Pages • © 2009

⊕ **Instructor Resources:**
IM, PP



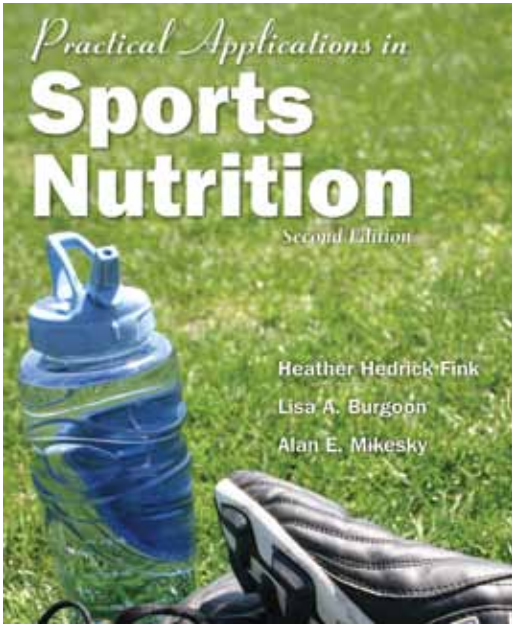
Nutrition in Promoting the Public's Health

Strategies, Principles, and Practice

Mildred Kaufman, MS

Grounded in the science of nutrition, this book offers practical guidance and tools to prepare students to develop and implement effective community nutrition programs. It offers comprehensive coverage of a variety of topics such as: advocating for federal legislation; marketing to the public; maximizing available funds; protecting the food supply; services for the aging and the underserved; and much more.

ISBN-13: 978-0-7637-2840-3
Hardcover • 617 Pages • © 2007



Praise for this text:

In my opinion, this is the premier sports nutrition text. The text is easy to comprehend and the information is practical. The use of questions as headings for paragraphs is clever and intrigues the reader. The breadth of topics is unsurpassed by any other sports nutrition text.

— **Antonio Santo**,
Lenoir-Rhyne College

Practical Applications in Sports Nutrition

Second Edition

Heather Hedrick Fink, MS, RD, National Institute for Fitness and Sport

Lisa A. Burgoon, MS, RD, LDN, University of Illinois

Alan E. Mikesky, PhD, FACSM, Indiana University—Perdue University

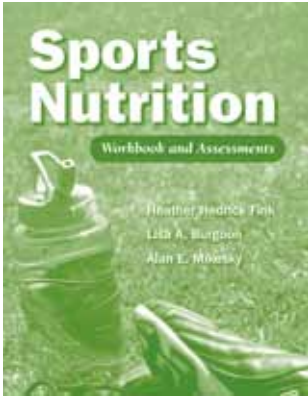
Practical Applications in Sports Nutrition, Second Edition provides students and practitioners with the latest sports nutrition information and dietary practices so they can assist athletes and fitness enthusiasts in achieving their personal performance goals. This text not only provides the most current sports nutrition guidelines and research but also includes the tools and guidance necessary to most appropriately apply the information in the “real world.” It demonstrates effective ways to communicate sports nutrition messages to athletes and how to motivate individuals to make permanent behavior change.

Key Features

- Expanded sections on food labeling, bioenergetics, and protein’s role in recovery
- Clarification on carbohydrate recommendations before, during, and after exercise
- New guidelines from the American College of Sports Medicine regarding physical activity and weight management
- New information regarding licensure for dietitians and the Board Certification as a Specialist in Sports Dietetics credential
- An expanded section on job opportunities for nonregistered dietitian professionals working with athletes

ISBN-13: 978-0-7637-5494-5 • Paperback • 564 Pages • © 2009 • Additional Format: CourseSmart

➤ Instructor Resources: IM, PP, TB

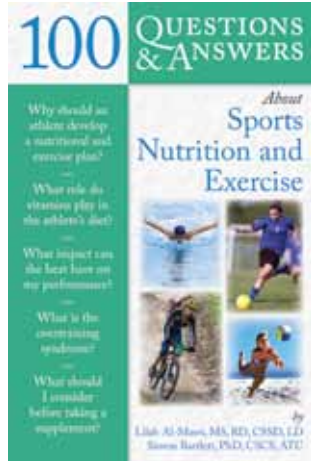


Sports Nutrition Workbook and Assessments

Heather Hedrick Fink, MS, RD, National Institute for Fitness and Sport
Lisa A. Burgoon, MS, RD, LDN, University of Illinois
Alan E. Mikesky, PhD, FACSM, Indiana University—Perdue University

This workbook contains exercises and activities to help students review chapter topics discussed in *Practical Applications in Sports Nutrition, Second Edition*, and assess their own health behaviors in relation to these topics.

ISBN-13: 978-0-7637-6194-3 •
 Paperback • 114 Pages • © 2010

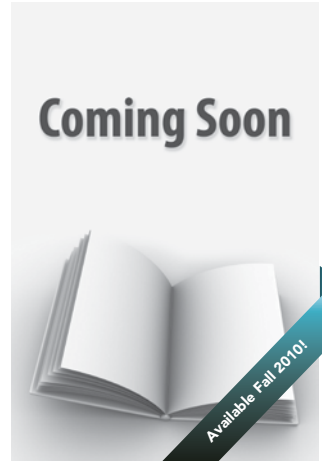


100 Questions & Answers About Sports Nutrition

Lilah Al-Masri, MS, RD, CSSD, LD, Quest Sports Science Center
Simon Bartlett, PhD, CSCS, ATC, Quest Sports Science Center

This practical guide provides scientifically based, useful, concrete concepts that will help athletes to excel in their respective sports. Equipped with case studies, quick tips, and testimonials, it covers topics such as vitamins and minerals, fluids, medications and supplements, weight management, warm ups and cool downs, flexibility, and more.

ISBN-13: 978-0-7637-7886-6
 Paperback • 256 Pages • © 2011

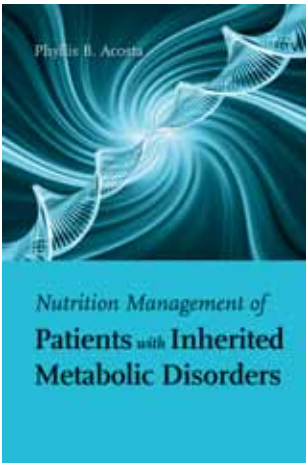


Nutrition for Sport and Exercise Third Edition

Jacqueline Berning, PhD, RD
Suzanne Nelson Steen, DSc, RD

Nutrition for Sport and Exercise covers a broad range of topics in diet and exercise, and ends the confusion about proper nutrition for active people of every age. Using research, this text provides the facts and strategies needed to assess athletes' nutritional requirements and discusses how to use diet to improve performance and enhance overall health.

ISBN-13: 978-0-7637-3890-5
 Hardcover • 300 Pages • © 2012

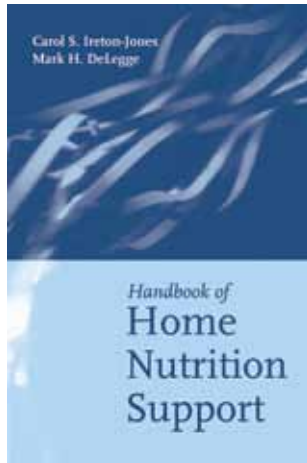


Nutrition Management of Patients with Inherited Metabolic Disorders

Phyllis B. Acosta, DrPH, RD,
Emory University

Nutrition Management of Patients with Inherited Metabolic Disorders supplies the knowledge needed by nutritionists, dietitians, and other healthcare professionals who provide services to patients with inherited metabolic disorders (IMDs). This text helps medical food manufacturers, medical geneticists, nutritionists, dietitians, and other healthcare providers find alternative forms of supplying the nutrients that promote optimal health and nutrition for the patient.

ISBN-13: 978-0-7637-5777-9
Hardcover • 476 Pages • © 2010

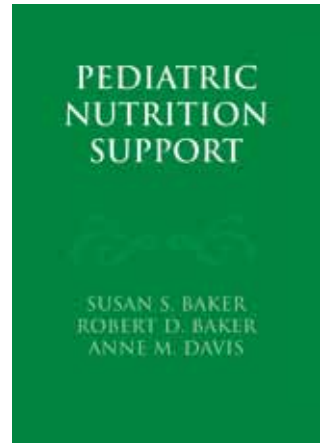


Handbook of Home Nutrition Support

Carol S. Ireton-Jones, PhD,
RD, LD, CNSD, Coram, Inc
Mark H. DeLegge, MD,
FACG, Medical University of
South Carolina

Handbook of Home Nutrition Support is an authoritative reference on the many aspects of the delivery of parenteral and enteral nutrition therapy at home. Each chapter in this comprehensive handbook is designed to enhance clinical skills by exploring the specific applications for various needs such as cancer, liver, pancreatic, cardiac, and pulmonary diseases, as well as pregnancy and organ transplant.

ISBN-13: 978-0-7637-4950-7
Paperback • 472 Pages • © 2007

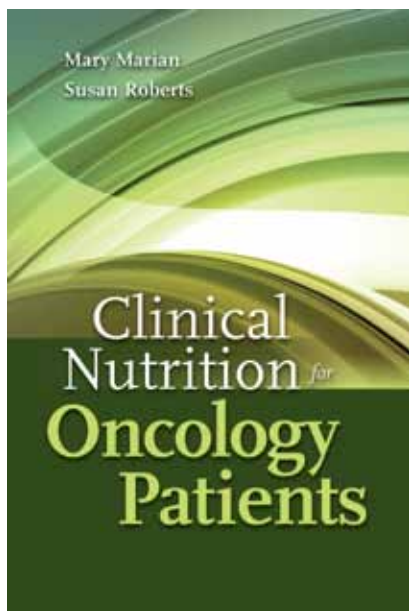


Pediatric Nutrition Support

Susan S. Baker, MD, PhD,
State University of New York
at Buffalo
Robert D. Baker, MD, PhD,
State University of New York
at Buffalo
Anne M. Davis, PhD,
RD, Martek Biosciences
Corporation

Pediatric Nutrition Support is a comprehensive, state-of-the-art resource for all dietitians, nurses, physicians, and pharmacists involved in pediatric care. This reference provides thorough coverage of the latest developments and techniques in enteral and parenteral feeding and evaluation methods. Cases detailing specific pediatric disease conditions offer concrete examples of nutrition support processes and make this a must-have resource.

ISBN-13: 978-0-7637-3154-0
Hardcover • 612 Pages • © 2007



Clinical Nutrition for Oncology Patients

Mary Marian, MS, RD, CSO, University of Arizona College of Medicine
Susan Roberts, MS, RD, LD, CNSD, Baylor University Medical Center

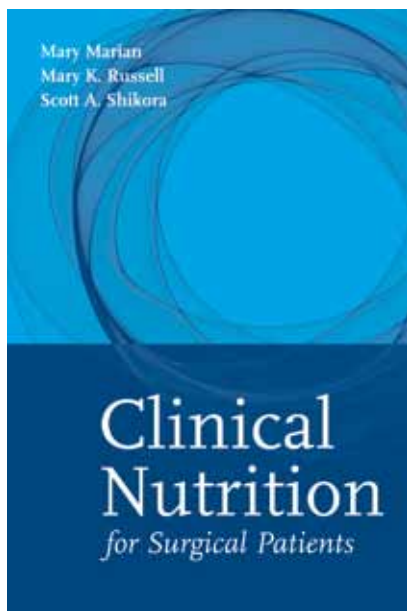
Clinical Nutrition for Oncology Patients provides clinicians with the information they need to help cancer survivors and patients make informed choices about their nutrition and improve their short-term and long-term health. This comprehensive resource outlines nutritional management recommendations for care prior to, during, and after treatment and addresses specific nutritional needs and complementary therapies that may be of help to a patient. This book is written by a variety of clinicians who not only care for cancer survivors and their caregivers but are also experts in the field of nutritional oncology.

ISBN-13: 978-0-7637-5512-6

Hardcover • 463 Pages • © 2010

⊕ **Instructor Resources:** PP, TB, SL, other

⊕ **Student Resources:** FL, IG, WL



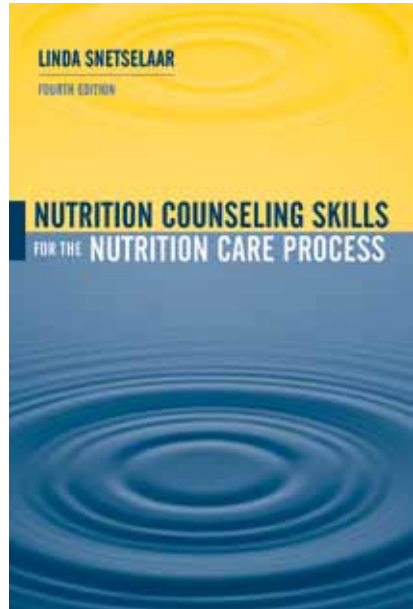
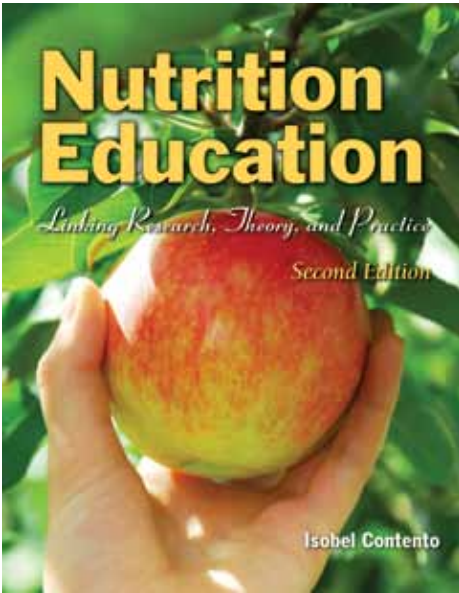
Clinical Nutrition for Surgical Patients

Mary Marian, MS, RD, CSO, University of Arizona College of Medicine
Scott A. Shikora, MD, FACS, Tufts University School of Medicine
Mary K. Russell, MS, RD, LDN, CNSD, University of Chicago Hospitals

Clinical Nutrition for Surgical Patients provides a thorough review of the basics of medical nutrition therapy for surgical patients, including nutritional assessment, the role of surgical diets, and the indications and contraindications for specialized nutrition support. Written by experts in the field, it address specific medical and surgical conditions and disease states that present specific challenges with provision of nutrition support. The latest nutrition support techniques are described and their roles in managing many types of surgical patients are outlined.

ISBN-13: 978-0-7637-3881-5

Hardcover • 362 Pages • © 2008



Nutrition Education

Linking Research, Theory, and Practice, Second Edition

Isobel Contento, PhD, CDN, Teachers College Columbia University

Nutrition Education, Second Edition provides students with a simple, straightforward model to easily design effective nutrition education. Using a six-step process, it integrates theory, research, and practice, providing advice on designing, implementing, and evaluating theory-based nutrition education.

This book is divided into three parts:

- Part 1 provides the background; it describes the evidence for nutrition education and the theories from behavioral sciences that can guide nutrition education.
- Part 2 lays out the 6-step process for designing nutrition education; it includes diagrams, worksheets, and case studies to provide a clear illustration of each of these steps.
- Part 3 describes the nuts and bolts of providing nutrition education: leading groups; working with different ages, low-literacy groups; making presentations, making and using visuals

ISBN-13: 978-0-7637-7508-7

Paperback • 464 Pages • © 2011

⊕ **Instructor Resources:** IM, PP, TB

⊕ **Student Resources:** CW

Nutrition Counseling Skills for the Nutrition Care Process

Fourth Edition

Linda Snetselaar, RD, PhD, University of Iowa

Nutrition Counseling Skills for the Nutrition Care Process provides the latest counseling theory and communication techniques for clinical and community settings. The *Fourth Edition* focuses on tailoring intervention strategies to a client's dietary needs through effective interviewing, assessing, and counseling. This revision of a popular text addresses nutrition counseling for conditions such as obesity, heart disease, diabetes, renal disease, hypertension, cancer, eating disorders, and pregnancy.

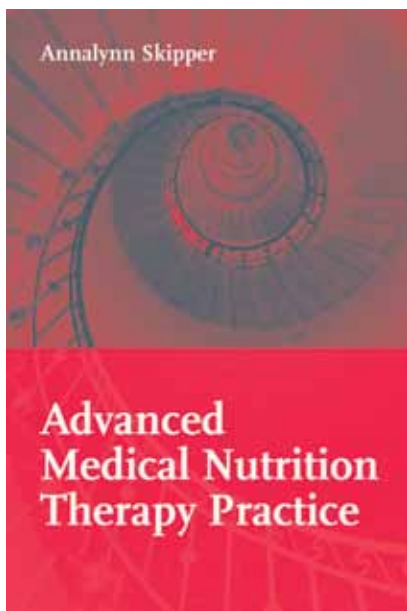
Key Features

- Now focuses on the Nutrition Care Process
- New chapter on diet therapy for renal disease
- New chapter on Dietary Approaches to Stop Hypertension (DASH) studies and the relation of diet and hypertension

ISBN-13: 978-0-7637-2960-8

Paperback • 494 Pages • © 2009

⊕ **Instructor Resources:** AE, PP



Advanced Medical Nutrition Therapy Practice

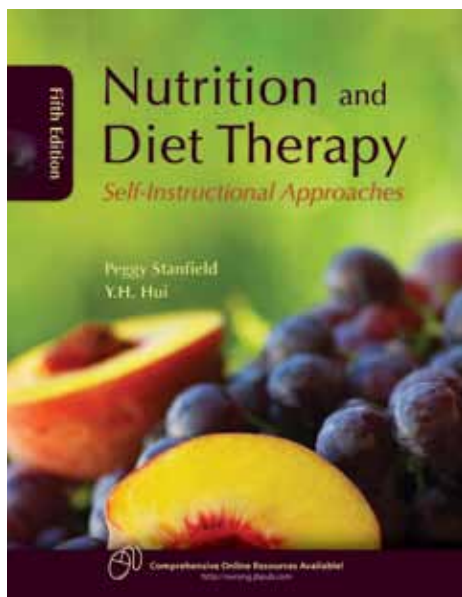
Annalynn Skipper, PhD, RD, FADA,
University of Iowa

In most health professions, there is a clear progression from beginning practitioner to seasoned expert. While such a progression may exist in dietetics, it is not clearly articulated. *Advanced Medical Nutrition Therapy Practice* describes a model of advanced practice in medical nutrition therapy and illustrates how dietitians can become advanced-level practitioners through education and training.

Key Features

- New focus on intervention with guidelines and examples of intervention techniques
- New feature on the “pros and cons” of controversial topics to help clinicians better understand different approaches to therapy
- New chapters covering trauma, stroke and traumatic brain injury
- Four new life cycle chapters on nutritional needs of neonates, pediatrics, geriatrics, and pregnancy

ISBN-13: 978-0-7637-4289-8
Paperback • 219 Pages • © 2009



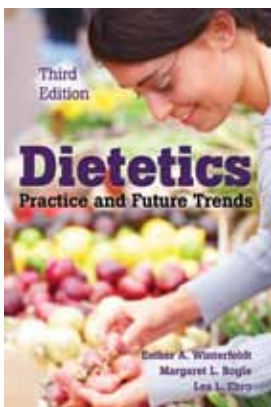
Nutrition and Diet Therapy *Self-Instructional Approaches* Fifth Edition

Peggy S. Stanfield, MS, RD, CNS, Dietetic
Resources

Nutrition and Diet Therapy: Self-Instructional Approaches covers the fundamentals of basic nutrition, and then nutrition as therapy, in both adults and children. Progress checks throughout each chapter and chapter post-tests help students to evaluate their comprehension of key information.

The *Fifth Edition* has been completely revised with a new Introduction to Nutrition chapter and updated My Pyramid and corresponding DRIs as well as all figures, tables and references.

ISBN-13: 978-0-7637-6137-0
Paperback • 571 Pages • © 2010
+ **Instructor Resources:** IM, PP, SL, TB



Dietetics

Practice and Future Trends, Third Edition

Esther A. Winterfeldt, PhD, Professor Emeritus, Oklahoma State University

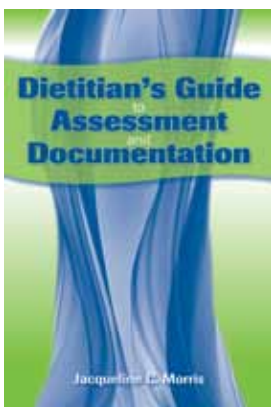
Margaret L. Bogle, PhD, RD, LD, US Department of Agriculture

Lea L. Ebro, PhD, Professor Emeritus, Oklahoma State University

Dietetics: Practice and Future Trends, Third Edition, includes new and updated information such as reports on current legislative activities, a review of emerging issues in dietetic practice, and more. The *Third Edition* continues to provide an overview of the career opportunities for dietitians, explaining what they do, highlighting the specific areas of dietetic practice, and listing the requirements to become a dietitian.

ISBN-13: 978-0-7637-7662-6 • Paperback • 350 Pages • © 2011

➕ Instructor Resources: PP



Dietitian's Guide to Assessment and Documentation

Jacqueline Morris, RD, MPH, CDN, Annex Nutrition Services

Dietitian's Guide to Assessment and Documentation covers the components of nutrition care assessment and provides information on the legal aspects of documentation.

This text will help students learn how to:

- Interpret lab data
- Write a care plan
- Properly document information with the law in mind
- Prepare for Joint Commission or State surveys

ISBN-13: 978-0-7637-7851-4 • Paperback • 202 Pages • © 2011

➕ Instructor Resources: AE, PP



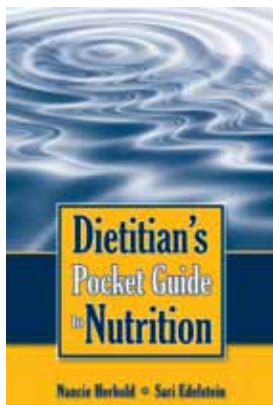
Quick Reference to Clinical Dietetics

Second Edition

Lucinda Lysen, RD, LD, RN, BSN

Designed for quick access and clear guidance, *Quick Reference to Clinical Dietetics, Second Edition*, is a must-have for professionals working in both inpatient and outpatient settings. Each section is written by a leading nutrition expert and offers step-by-step guidelines for nutrition screening and assessment, including physical assessment, nutrition intervention, and follow-up.

ISBN-13: 978-0-7637-3198-4 • Paperback • 367 Pages • © 2006

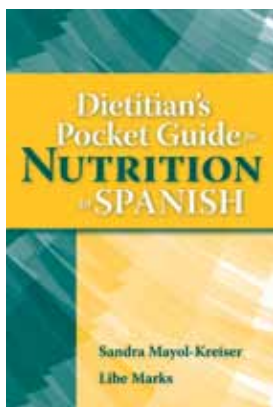


Dietitian's Pocket Guide to Nutrition

Nancie Herbold, EdD, RD, Simmons College
Sari Edelstein, PhD, RD, Simmons College

Portable and concise, the *Dietitian's Pocket Guide to Nutrition* serves as an easy reference for dietitians and other health care professionals who quickly need to access the recommended nutrition care for various medical conditions and problems.

ISBN-13: 978-0-7637-6538-5 • Paperback • 485 Pages • © 2009



Dietitian's Pocket Guide to Nutrition in Spanish

Sandra N. Mayol-Kreiser, Arizona State University
Libe Marks, Medical Interpreter, The Children's Hospital, Denver, CO

Dietitian's Pocket Guide for Nutrition in Spanish is a small, handy, pocket guide with quick nutritional information in English and in Spanish, including a Spanish pronunciation guide. This guide will provide the career specific verses and words to help you communicate about health, food, diet and nutrition in Spanish.

ISBN-13: 978-0-7637-8340-2 • Paperback • 320 Pages • © 2011



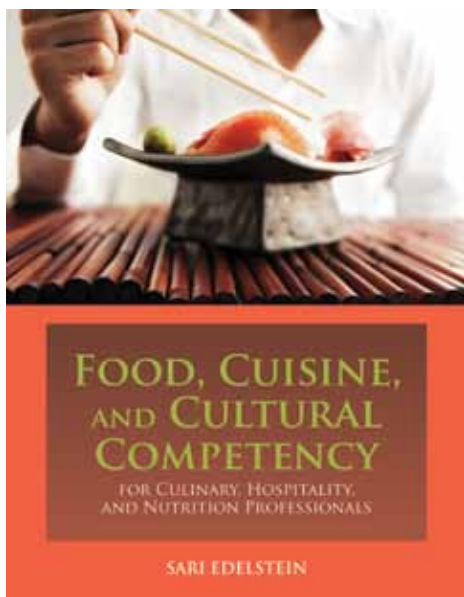
The Profession of Dietetics

A Team Approach, Fourth Edition

June R. Payne-Palacio, PhD, RD, Pepperdine University
Deborah D. Canter, PhD, RD, LD, Kansas State University

This text serves as a complete introduction to the profession of dietetics. It reviews the history of dietetics, projects future trends, explores the roles and responsibilities of members of the dietetics team, and presents real-world profiles of dietitians working in different settings.

ISBN-13: 978-0-7637-9006-6 • Paperback • 250 Pages • © 2011



Food, Cuisine, and Cultural Competency for Culinary, Hospitality, and Nutrition Professionals

Sari Edelstein, PhD, RD, Simmons College

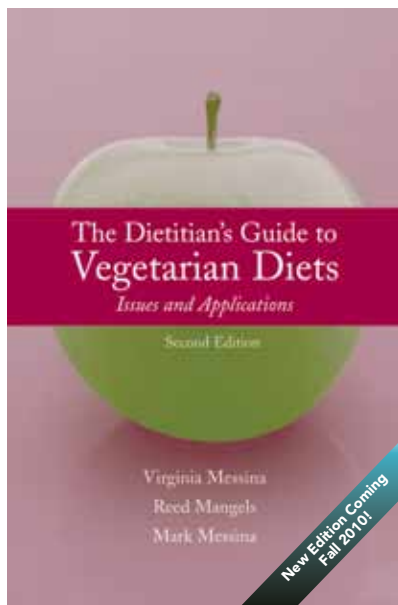
Food, Cuisine, and Cultural Competency for Culinary, Hospitality, and Nutrition Professionals comprehensively covers unique food traditions as they apply to health. The text explores the critical importance of cultural sensitivity and competency in today's work setting, addresses health literacy issues of diverse client bases, and helps readers identify customer communication techniques that enable professionals to establish trust with clients of ethnicity not their own. Written and peer reviewed by experts in the culture discussed, each chapter in this groundbreaking text covers a distinct region or culture and discusses the various contexts that contribute to nutrition and health: lifestyles, eating patterns, ethnic foods, menu planning, communication (verbal and non-verbal), and more. This book is consistent with The American Dietetic Association's Cultural Competence Strategic Plan.

ISBN-13: 978-0-7637-5965-0

Paperback • 300 Pages • © 2011

⊕ **Instructor Resources:** PP, TB, SL

⊕ **Student Resources:** CW



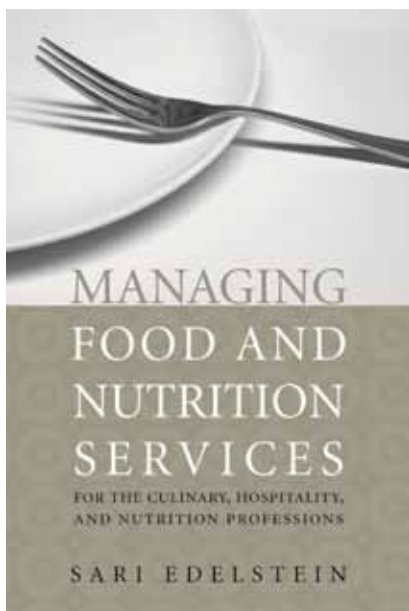
The Dietitian's Guide to Vegetarian Diets *Issues and Applications* Second Edition

Virginia Messina, MPH, RD
Nutrition Matters, Inc
Reed Mangels, PhD, RD
The Vegetarian Resource Group
Mark Messina, Nutrition Matters, Inc.

The Dietitian's Guide to Vegetarian Diets: Issues and Applications, Second Edition highlights the trends and research on vegetarian diets and translates the information into practical ideas to assist dietitians and other health care providers in aiding their clients. The text presents vital information on vegetarian nutritional needs, healthier and more satisfying diets, as well as guidelines for treating clients of all ages and clients with special considerations, such as pregnant women, athletes, and diabetics. This edition takes into account related research, epidemiological studies, debates, and changes in the food market as well as the different types of vegetarian diets.

ISBN-13: 978-0-7637-3241-7

Hardcover • 587 Pages • © 2004



Managing Food and Nutrition Services for the Culinary, Hospitality, and Nutrition Professions

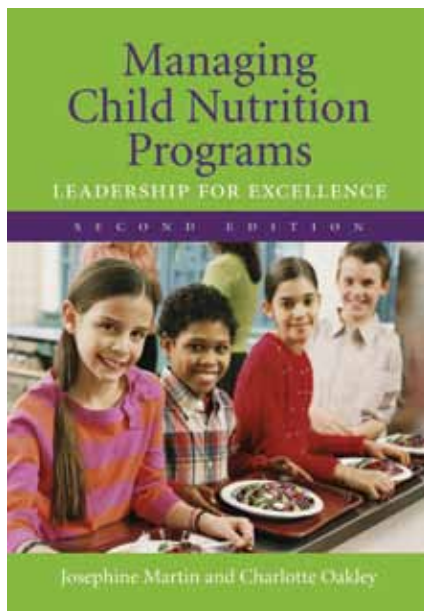
Sari Edelstein, PhD, RD, Simmons College

Managing Food and Nutrition Services for the Culinary, Hospitality, and Nutrition Professions skillfully merges culinary, hospitality, and dietetics management principles into one practical resource for future nutrition professionals. This textbook prepares students to perform the daily operational tasks of foodservice by combining theory with practice. Each chapter includes hands-on assignments to encourage students to develop problem-solving and critical-thinking skills. Case studies about real-life work situations, such as chain restaurants and elementary school cafeterias, ask students to consider how they would respond to typical issues in the workplace. Respected experts within their specialized field of study have contributed chapters on topics such as foodservice industry trends, fiscal management, and long-term planning.

ISBN-13: 978-0-7637-4064-1

Hardcover • 533 Pages • © 2008

+ **Instructor Resources:** IM, PP



Managing Child Nutrition Programs

*Leadership for Excellence
Second Edition*

Josephine Martin, PhD, RD, LD

The Josephine Martin Group

Charlotte Beckett Oakley, PhD, RD, LD,

The Josephine Martin Group

Managing Child Nutrition Programs: Leadership for Excellence, Second Edition, gives readers the skills and knowledge they need to develop and lead today's child nutrition programs. Each chapter and accompanying case study are prepared by recognized child nutrition professionals and academic leaders, with proven applications in the development, implementation, management, and evaluation of child nutrition programs. The *Second Edition* takes a systems approach to program management by focusing on four program areas; administration, nutrition, operations, and communications and marketing. This approach prepares readers to achieve innovation and excellence in their child nutrition programs through effective leadership in each of the program areas with the desired outcome of helping children develop healthy food habits and giving children access to healthful food when under the care of the school or institutional setting.

ISBN-13: 978-0-7637-3390-2

Hardcover • 860 Pages • © 2008



EatRight Analysis Online

Version 15.0

ESHA Research

EatRight Analysis Online, Version 15.0 is an important component to personal decision-making and behavior change. This diet analysis software includes over 20,000 food choices, MyPyramid, 2005 Dietary Guidelines, and current DRIs. It allows students to analyze their diets by RDAs/DRIs and goal percentages. Developed by ESHA Research, *EatRight Analysis* is designed to teach students about the roles that behavior and personal decision-making play in the way that they eat.

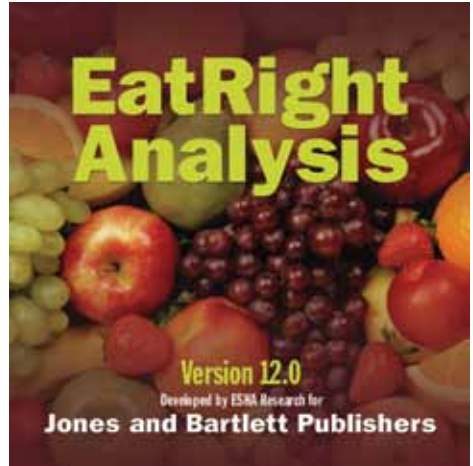
This web-based application allows your students to:

- Log daily food intake from 20,000 food choices, including dishes from popular restaurants, fast food chains, dietary supplements, and ethnic foods, such as pad thai, enchiladas, and sushi.
- Track energy intake and set weight goals.
- Analyze, print, and email a variety of reports based on your personal food intake and activities over multiple days.

Visit <http://eatright.jbpub.com> for more information

ISBN-13: 978-0-7637-4618-6

Online Course • © 2007



EatRight Analysis

Version 12.0

ESHA Research

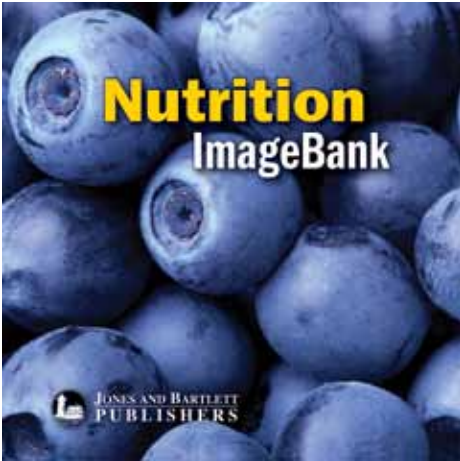
EatRight Analysis, Version 12.0 has been completely redesigned for easier use and updated to include the latest dietary information. It includes over 20,000 food choices and current DRIs. It allows students to analyze their diets by RDAs/DRIs and goal percentages. Developed by ESHA Research, *EatRight Analysis, Version 12.0* is designed to teach students about the roles that behavior and personal decision-making play in the way that they eat.

EatRight Analysis, Version 12.0 illustrates personal health habits and allows users to:

- Track energy intake and expenditure
- Set weight goals
- Compare their nutrient intake to recommended intake levels

ISBN-13: 978-0-7637-4685-8

CD-ROM • © 2006



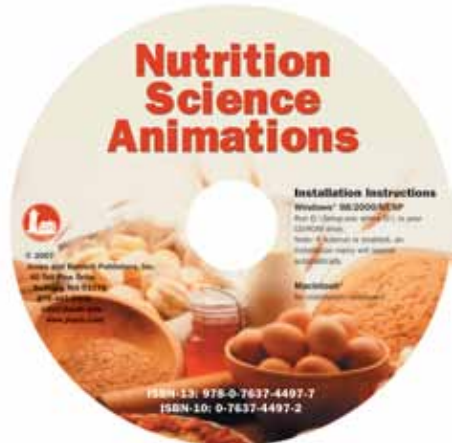
Nutrition Image Bank

Jones and Bartlett Publishers

The *Nutrition Image Bank* contains photos, illustrations, and tables (to which Jones and Bartlett Publishers holds the copyright or has permission to reprint digitally) in an easily searchable media database. These images were chosen based on their relevance within a general nutrition and dietetics curriculum. To ensure ease of use, the images are categorized as follows: Physical Activity, Biological Processes, Food, Nutritional Information, and Nutrition Education, all of which are then broken down into more specific subcategories.

ISBN-13: 978-0-7637-8199-6

CD-ROM • © 2010



Nutrition Science Animations

Jones and Bartlett Publishers

These science-based animations give nutrition students an accurate, accessible explanation of scientific concepts and physiological principles. Over 30 of the most complicated processes are graphically presented in an interactive, easy-to-understand format. The *Nutrition Science Animations* are a great multimedia resource for use in online courses, classroom lectures, and independent studying.

ISBN-13: 978-0-7637-4497-7

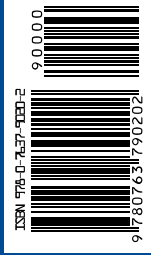
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